Kelly Kinney Memorial "Splash Out Cancer" Swim Meet Sponsored by Swim United November 6th and 7th, 2021

Held under USA Swimming Sanction # LE 21016

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting for this sanction, SwimUnited agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LE, the State of Ohio and Cuyahoga County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND LE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

LOCATION: Walter F. Ehrnfelt Recreation and Senior Complex, 18100 Royalton Road, Strongsville OH 44136

POOL: 25 yards by 8 lanes, electronic timing and great seating with handicap access, continuous warm-up pool, locker rooms. Food and swimwear concessions available, close parking. The competition course has not been certified in accordance with 104.2.2C (4). The depth of the pool at the start end is 4 feet, 6 inches. The depth at the turn end is 13 feet, 0 inches.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES: Warm-ups for morning sessions will be split in two 30 minute segments by team. Warm-ups for afternoon sessions will be split in two 40 minute segments by team. Swimmers must warm up with their team during the assigned period. Warm up assignments by team and estimated afternoon start times will be posted on http://www.lakeerieswimming.com by Wednesday, November 3, 2021. Both Saturday and Sunday morning session warm-up will be 7:30 – 8:30 a.m., with competition starting at 8:35 a.m. Afternoon warm-up will begin 15 minutes after the conclusion of the morning session, with competition starting 5 minutes after the two-40 minute segments by team. The meet

referee may begin the competition prior to the scheduled conclusion of warm-ups if all athletes have concluded their warm-up and all swimmers for the first competition are available.

ENTRY DEADLINE:

- This meet closes out before the deadline. Entries will be accepted on Monday, October 11th at 8:00 pm. It is suggested that you sync your computer time with the official U.S. time clock found at https://www.time.gov/. Entries will not be accepted before 8:00PM on Monday, October 11th no exceptions. The entry chairs time stamp will be used to determine the time received.
- Entries, electronic or otherwise, must be received by Monday, October 25th, 2021. Telephone entries will not be accepted. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours, so mail early. Times may be upgraded until the entry deadline. Swimmers may be added until the entry deadline or the meet is closed, whichever is first. Hard copy, meet summary sheet and check must be received by Wednesday, October 27th, 2020, or entries will be removed from the meet.
- Mail entries to: Scott Mayberry, 20387 Sterling Way, Strongsville, OH 44149; smayberry@swimstrongsville.org

TEAM SUPERVISION: Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ENTRY FEES: Individual events \$6.00; Relays: \$10.00; plus a \$8.00 per swimmer surcharge (includes \$5 which goes to Seidman Cancer Center and \$3 LESI surcharge...No Spectator Admission Cost this year) There is a \$1.00/swimmer handling fee for entries not furnished in an electronic file. Make checks payable to: SwimUnited.

ENTRY LIMITATIONS: Swimmers may enter up to **3 events/day**, exclusive of relays for all **morning** sessions. Swimmers may enter up to **4 events/day**, exclusive of relays for all **afternoon** sessions.

DECK ENTRIES: Deck entries are **NOT** permitted

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host. On deck USA Swimming athlete registration will not be available. Age is as of the first day of the meet, November 6th, 2021.

Safe Sport now requires that all applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

QUALIFYING TIMES: There are no qualifying times for this meet; however, in order to help us with seeding, <u>please</u> include an estimated time even if it is a practice time for those swimmers who have no time in the event. NT's will not be accepted.

SWIMMERS WITH A DISABILITY: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. Events will be contested in a 25-yard course. All events are timed finals that will be held slowest to fastest. All events, though combined in age, will be scored as single age events unless otherwise listed in the schedule of events. ** 25 yard events will be held from the starting blocks end of the pool. **

**Swimmers in all age groups are advised not to enter back-to-back events. Mixed relays must consist of 2 boys and 2 girls. At the Meet Director's discretion, Events 88-89 may not be swum in order to allow as many swimmers to enter individual events and hold to the 4-hour timeline. If these events are not swum, a refund will be issued to all teams who submitted entries.

SEEDING & CHECK IN: All events will be deck-seeded. Check-in sheets will be posted by event in the downstairs lobby outside of the pool. All swimmers must check in for all events that they will be swimming. All swimmers must check in 30 minutes prior to the start of the session. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

CLERK OF COURSE: There will be a Clerk of Course for the morning sessions only. The clerk of course will be located behind the water slide.

SCORING: Individual Events: 9-7-6-5-4-3-2-1. Relays 18-14-12-10-8-6-4-2. 8 & Under events will not be scored.

AWARDS: Individual Events: Medals will be awarded for the top three and ribbons for 4 thru 8 for finishers in each event for AM Sessions only. Relay Events: Medals will be awarded for the top three finishers in the AM Sessions only. Awards will be given to coaches at the end of the meet. Any awards not picked up that day will NOT be mailed.

<u>Individual Events</u>: awarded/scored in the following formats:

- 8 & Under events will be awarded 7 & Under, 8
- 10 & Under events will be awarded/scored 7 & Under, 8, 9, 10
- 11-12 events will be awarded/scored 11, 12
- 12 & Under events will be awarded/scored 9 & Under, 10, 11, 12
- Medals will be awarded for the top three finishers, Ribbons for 4 thru 8.
- Heat winner awards for AM sessions.

<u>Individual Events</u>: scored in the following formats:

- 13-14 events will be scored 13, 14
- 13 & Over events will be scored 13, 14, 15, 16 & Over
- 15 & Over events will be scored 15, 16 & Over
- **No Awards for 13 & Older Age Groups. Including Relays**

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ADMISSION COST: No Cost. A concession stand will be open during the meet and a swimwear vendor will be available.

PARKING: Public off street parking is ample and free of charge. Do not park in areas not clearly marked as a parking spot.

RESULTS: Will be posted on Lakeerieswimming.com. Teams may request a backup at the conclusion of the meet.

TIME TRIALS: No time trials will be offered.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 40 minute warm-up or 15 minutes of a 30 minute warm-up shall be conducted as follows:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- I Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Feet first entry with one hand in contact with the pool edge while entering into the continuous warm-up lanes.

CAMERA ZONES: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

DECK CHANGES: Deck changes are prohibited.

INITIAL DISTANCE: In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

OFFICIATING OPPORTUNITY

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Tom Stacy, tstacy@swimstrongsville.org

Official's Chair: Jen Butler, jbutler@case.edu

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

COACHES: Packets and sign in will be available at the announcer's table.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Tom Stacy, <u>tstacy@swimstrongsville.org</u> 216-702-4924

ENTRY CHAIR: Scott Mayberry, <u>smayberry@swimstrongsville.org</u> 440-638-4270

DIRECTIONS: I-71 to Route 82 (Royalton Road West) exit. Exit west on Route 82, past SouthPark Mall. Turn right at the light by the entrance of Target and follow the directions/signs to the Walter F. EhrnFelt Recreation Center and Complex. Watch for designated parking for this meet.

THE WALTER F. EHRNFELT RECREATION AND SENIOR COMPLEX SAFETY AND EMERGENCY INFORMATION

SPECTATOR-EMERGENCY EVACUATION PLAN

IN THE EVENT OF AN ALARM OR EMERGENCY REQUIRING EVACUATION:

PLEASE REMAIN CALM, WALK TO THE NEAREST EXIT AND LEAVE THE BUILDING

DO NOT USE ELEVATORS

DO NOT ATTEMPT TO GO ON DECK OR INTO THE LOCKER ROOMS

EVACUATION ROUTES

<u>AQUATIC CENTER</u>: Use any of the four (4) doors on the north end of the facility facing the woods or the double set of doors on the east end of the aquatic center next to the steam room.

BLEACHERS: Exit through the doors at the top of the bleachers into the main lobby and exit through the front doors.

<u>CULTURAL CENTER:</u> Exit through either of the two sets of double doors facing Southeast (SE) and Southwest (SW) into the parking lot.

<u>AUXILIARY GYM:</u> Exit through any of the exit doors facing Southwest (SW).

SCHEDULE OF EVENTS

Saturday November 6th, 2021 Morning Session

Saturday AM: 7:30 AM split warm-up, Meet begins at 8:35 AM

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
1		11-12 100 Backstroke		2
3		10 & Under 100 Backstroke		4
5		11-12 50 Butterfly		6
7		**10 & Under 50 Butterfly		8
9		**8 & Under 25 Butterfly		10
11		**12 & Under 200 Butterfly		12
13		**11-12 50 Breaststroke		14
15		**10 & Under 50 Breaststroke		16
17		**8 & Under 25 Breaststroke		18
19		11-12 100 Freestyle		20
21		**10 & Under 100 Freestyle		22
23		**12 & Under 200 Freestyle		24
88		***12 & Under MIXED 200 Medley Relay		

**Swimmers in all age groups are advised not to enter back-to-back events.

***MIXED Relays must consist of two boys and two girls

Saturday November 6th, 2021 Afternoon Session

Afternoon warm-up will begin 15 minutes after the conclusion of the Morning session. Competition will begin 5 minutes after the completion of the two 40-minute warm-up. Estimated start times will be listed at www.lakeerieswimming.com on November 3, 2021

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time	Boys #
			None	
25		**13 & Over 200 Butterfly		26
27		13-14 100 Backstroke		28
29		15 & Over 100 Backstroke		30
31		13-14 200 Freestyle		32
33		15 & Over 200 Freestyle		34
35		13-14 100 Breaststroke		36
37		15 & Over 100 Breaststroke		38
39		13-14 100 Freestyle		40
41		15 & Over 100 Freestyle		42
43		***13 & Over MIXED 200 Medley Relay		

 $\underline{\ \ }^{**}Swimmers\ in\ all\ age\ groups\ are\ advised\ not\ to\ enter\ back-to-back\ events.$

No Awards for 13 & Older Age Groups. Including Relays

***MIXED Relays must consist of two boys and two girls

SCHEDULE OF EVENTS

Sunday November 7th, 2021 Morning Session

Sunday AM: 7:30 AM split warm-up, Meet begins at 8:35 AM

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time None	Boys #
45		8 & Under 25 Freestyle		46
47		11-12 200 Individual Medley		48
49		10 & Under 200 Individual Medley		50
51		11-12 50 Freestyle		52
53		**10 & Under 50 Freestyle		54
55		**12 & Under 200 Breaststroke		56
57		**11-12 100 Breaststroke		58
59		**10 & Under 100 Breaststroke		60
61		**8 & Under 25 Backstroke		62
63		11-12 50 Backstroke		64
65		**10 & Under 50 Backstroke		66
67		**12 & Under 200 Backstroke		68
89		***12 & Under MIXED 200 Free Relay		

**Swimmers in all age groups are advised not to enter back-to-back events.

***MIXED Relays must consist of two boys and two girls

Sunday November 7th, 2021 Afternoon Session

Afternoon warm-up will begin 15 minutes after the conclusion of the Morning session. Competition will begin 5 minutes after the completion of the two 40-minute warm-up. Estimated start times will be listed at www.lakeerieswimming.com on November 3, 2021

Girls #	Qualifying Time None	Age Group/Stroke	Qualifying Time	Boys #
			None	
69		13-14 200 Individual Medley		70
71		15 & Over 200 Individual Medley		72
73		**13 & Over 200 Breaststroke		74
75		13-14 50 Freestyle		76
77		15 & Over 50 Freestyle		78
79		13-14 200 Backstroke		80
81		15 & Over 200 Backstroke		82
83		13-14 100 Butterfly		84
85		15 & Over 100 Butterfly		86
87		***13 & Over MIXED 200 Free Relay		

**Swimmers in all age groups are advised not to enter back-to-back events.

No Awards for 13 & Older Age Groups. Including Relays

***MIXED Relays must consist of two boys and two girls

Sponsored by Swim United November 6th & 7th, 2021

MEET ENTRY SUMMARY PAGE

Team Name:	Team Code: _	LSC	Code:	
Contact Person:	Phone:	Email		
Address:	City:	State:	Zip	
(Total # of swimmers) X \$8	3.00 (Seidman donation/	/LESI Surchar	ge) = \$	
(Total # of individual even	es) X \$6.00/event = \$			
(Total # of relay events) X S	\$10.00/event = \$			
(Total # of swimmers) X \$1.	00 (handling fee for pap	er entries) \$		_
TOTAL AMOUNT REMITTED	\$			
 Swimmers will be without a coach of Sat. am, € Sat. p.m., € Sun. am, € I have arranged for my swimmer/s 	Sun p.m.			·
				RM IS A REGISTERED ATHLETE MEMBER OF AT THIS MEET WILL BE A CURRENT COACH
SIGNED:	(coach or m	nember team r	epresentative). DATE:
Make checks payable to SwimUnite	d.			
Please note: All entries submitted w	ith this sheet should be c	covered by a si	ngle check.	
DEADLINE FOR RECEIPT IS W	Vednesday October 27	th, 2021.		
This sheet must accompany all entrie	s including HY-TEK M	eet Manager e	lectronic ent	ries, hard copy & check.

Mail to: Scott Mayberry, 20387 Sterling Way, Strongsville, OH 44149.

LAKE ERIE SWIMMING, INC. INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.

B. Events Seeded on the Deck -

- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.
- (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
- (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
- (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
 - C. Scratching from Bonus Finals, Consolation Finals and Finals
- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
 - D. Exceptions for Failure to Compete No penalty shall apply for failure to withdraw or compete in an individual event if
 - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

ENTRY FORM

TEAM NAME:			TEAM CODE:	LSC:	
NAME	AGE	GENDER	USA S NUMBER	EVENT #	TIMES (in yards)