



GWA Lake Erie Open

11/14-16/25

Hosted by
GWA

Held under the sanction of USA Swimming
Sanction #: OH-24SC-[xx]

Location:	Spire Academy 5201 Spire Cir, Geneva OH 44041
Facility:	25 Yards, 10 lane pool. 18 ft deep at Dive End. 8 ft deep at Bulkhead end[Colorado Timing System 25 yards by 10 lanes, Colorado timing system and 10 lanes digital readout score board with spacious locker room space and balcony seating for spectators, continuous warm-up and warm-down (not) available. The depth of the pool at the start end is 18 feet. The depth of the pool at the turn end is 8 feet. The competition course has been (not) certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.(if available)
Meet Director:	Matt Parrish Greatwaves1980@gmail.com 440-901-9221
Meet Referee:	Mike Sokolich
Officials Contact for the Meet:	Sarah Tobin: 440-552-7023 stobin@hb.edu
Entry Chair:	Matt Parrish Greatwavesmeetentries@gmail.com 440-901-9221
Disclaimer:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
Meet Type:	Prelim/Finals
# of Sessions:	7 Sessions: Sessions: <u>Friday 11/14:</u> Timed Finals : 430- 525, Start 5:30 <u>Saturday 11/15:</u> AM 13 over Session 9-955 Warm ups, 10-130 Prelims PM 12 under Session 145-230 warm up, 2:35-5 Timed Finals Finals: 13 over Finals (top 20) warm up 515-6, Timed Finals 6:10-8 pm <u>Sunday 11/16:</u> AM 13 over Session 730-825 Warm ups, 830-12 Timed Finals PM 12 under Session 1215-1 warm up, 1:10-330 Timed Finals Finals 13 over 330-415 warm up, 4:20-7 Timed Finals
Medical Supervision available to athletes	There will be 3 lifeguards at the meet, there is an AED in the hall of the building.

Organization Regulations/Waivers	
USA Swimming Rules	- At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. - Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. - The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. - Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. - Deck changes are prohibited. - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. - Flash photography is not permitted at the start of any race. - All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet. A Technical Suit is one that has the following components: - Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or - Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	- Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. - There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
Safe Sport 360	- The U.S. Center for Safe Sport program is a comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. - The Minor Athlete Abuse Prevention Policy (MAAPP) prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet. - Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. - All athletes aged 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after the first day of the start of competition, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after the first day of competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay. - For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct, and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report
Waiver/Release	By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Organization Regulations/Waivers	
	All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.
Entering the Meet	
Eligibility:	- No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. - All contestants must be verified USA Swimming members. Membership will not be verified at the meet. - Membership verification deadline is 5 PM EST one (1) business day prior to the first day of the meet 11/13/25. Unverified swimmers will be scratched from the meet after that deadline. There will be no refunds for unverified swimmers scratched from the meet. - All adult athletes must hold current Athlete Protection Training certification. - Age on the first day of the meet will determine age for the entire meet. 13 + Over: BB Cuts 12 + Under: B Cuts
Disability Swimmers:	- Ohio Swimming welcomes swimmers with a disability. - Entry Procedures: - Enter the USA-S swimmers with a disability electronically or on the paper entry form. - Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. - List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. - Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. - See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	- Swimmers may swim a maximum of [3] individual events per day. \$[10] per individual event. \$6 OH LSC surcharge per swimmer. \$2.00 Facility Charge per swimmer
Entry Procedures:	- Deadline for receipt of entries is 11/7/25 - Entries must be submitted in [SCY] using an electronic meet entry software (Hy-Tek/Team Unify). - Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. - Send entries via email to: Greatwavesmeetentries@gmail.com - Please include the names of any Outreach swimmers in the email. - Checks should be made payable to: Great Waves Aquatics "No Time" (NT) entries will not be accepted.(please guesstimate if needed) - The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	- The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. - Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). - Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. - Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. - No spectators allowed on deck.
Competition Guidelines:	- This meet will be a [timed finals : Friday and 12 + Unders, 13 + Over:prelim/finals] meet. - This meet will be contested in [SCY]. This meet will be pre-seeded. Deck entries will not be accepted at the meet (see Deck entry section below). - No Clerk of Course will be available for 8 & Under events.

Entering the Meet	
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Scratch Procedures	• Scratches will be made 30 min after event is announced, if no show at Finals: \$10 fee to be billed to club responsible.
Deck Entries	• NONE
Awards:	• There [will not] be awards at this meet. • Results will not be posted during the meet.
General:	A small Hospitality Room will be accessible for Coaches, Volunteers, + Officials ONLY. Each team should provide bottled water for officials, coaches and volunteers during the meet. FUEL (Caferia) Maybe open during the meet Heat Sheets will be distributed to the teams before the meet.
Code of Conduct:	• Any individual who exhibits a behavior of a threatening, abusive, or derogatory manner toward an official or member of the meet staff is subject to immediate removal and further expulsion from the meet. Coaches will be notified of the actions of their respective teams. • Good sportsmanship is expected at all times. Bullying or taunting, foul language or derogatory behavior will not be tolerated and will be subject to immediate removal. All volunteers, spectators, coaches, officials and meet staff are expected to be respectful of others. • The Ohio Swimming Code of Conduct governs this meet. The purpose of the Zero-Tolerance Code of Conduct Policy is to establish consistent expectations across the LSC in the best interest of our Athletes and Sport. Ohio Swimming is committed to creating a safe and fair environment for all of its athlete members. This policy is to be used as a guide to promote a positive environment and good sportsmanship at meets and events conducted in the geographical boundary of Ohio Swimming. The complete Ohio Swimming Code of Conduct can be reviewed on the Ohio Swimming website under Governance> OSI Policy & Procedures Manual, Appendix 18.

Lake Erie Open

ORDER OF EVENTS

[you can replace this page with your order of events page]

Friday Nov 14: (open ages) Warm Up 430-5:15, Sprints: 515-525, Meet Start 530

Session # 1		Session #		Session #	
Event #	Event Description	Event #	Event Description	Event #	Event Description
1	Open Women 100 IM				
2	Open Men 100 IM				
3	Open Women 50 Fly				
4	Open Men 50 Fly				
5	Open Women 50 Back				
6	Open Men 50 Back				
7	Open Women 50 Breast				
8	Open Men 50 Breast				
9	Open Women 50 Free				
10	Open Men 50 Free				
11	Open Women 400 IM				
12	Open Men 400 IM				

Saturday Nov 15:(Session 2: warm up 9-9:45, sprints: 945-955 meet start 10, Session 3: TBD, Session 4 : TBD)

Session #2: 13 Over (Prelims)		Session #3 12 + Unders (timed finals)		Session #4 13 + Overs (finals)	
Event #	Event Description	Event #	Event Description	Event #	Event Description
101	Womens 200 IM	111	Girls 200 IM	121	13-14 Women 200 IM
102	Mens 200 IM	112	Boys 200 IM	122	13-14 Men 200 IM
103	Womens 100 Fly	113	Girls 100 Fly	123	Open Women 200 IM
104	Mens 100 Fly	114	Boys 100 Fly	124	Open Men 200 IM
105	Womens 200 Back	115	Girls 200 Back	124	13-14 Women 100 Fly
106	Mens 200 Back	116	Boys 200 Back	126	13-14 Men 100 Fly
107	Womens 100 Breast	117	Girls 100 Breast	127	Open Women 100 Fly
108	Mens 100 Breast	118	Boys 100 Breast	128	Open Men 100 Fly
109	Womens 100 Free	119	Girls 100 Free	129	13-14 Women 200 Back
110	Mens 100 Free	120	Boys 100 Free	130	13-14 Men 200 Back
				131	Open Women 200 Back
				132	Open Men 200 Back
				133	13-14 Women 100 Breast
				134	13-14 Men 100 Breast
				135	Open Women 100 Breast
				136	Open Men 100 Breast
				137	13-14 Women 100 Free

						138	13-14 Men 100 Free
						139	Open Women 100 Free
						140	Open Men 100 Free

Sunday Nov 16:(Session 5:Warm up 7:30-8:15, Sprints: 8:15-8:25 Meet Start 8:30, Session 6: TBD, Session 7: TBD)

Session #5: 13 Over (Prelims)		Session #6 12 + Unders (timed finals)		Session #7 13 + Overs (finals)	
Event #	Event Description	Event #	Event Description	Event #	Event Description
201	Women 200 Free	211	Girls 500 Free	221	13-14 Women 200 Free
202	Men 200 Free	212	Boys 500 Free	222	13-14 Men 200 Free
203	Women 200 Fly	213	Girls 200 Free	223	Open Women 200 Free
204	Men 200 Fly	214	Boys 200 Free	224	Open Men 200 Free
205	Women 100 Back	215	Girls 200 Fly	224	13-14 Women 200 Fly
206	Men 100 Back	216	Boys 200 Fly	226	13-14 Men 200 Fly
207	Women 200 Breast	217	Girls 100 Back	227	Open Women 200 Fly
208	Men 200 Breast	218	Boys 100 Back	228	Open Men 200 Fly
209	Women 500 Free (TF)	219	Girls 200 Breast	229	13-14 Women 100 Back
210	Men 500 Free (TF)	220	Boys 200 Breast	230	13-14 Men 100 Back
				231	Open Women 100 Back
				232	Open Men 100 Back
				233	13-14 Women 200 Breast
				234	13-14 Men 200 Breast
				235	Open Women 200 Breast
				236	Open Men 200 Breast

[optional – remove if not needed]

Summary of Fees/Release Form

Lake Erie Open

Team Name	
Club Representative	
Club Rep Email (for questions about entries)	
Coach Attending	
Coach Phone	
Coach Email	

Item	Total #	Cost per	Total
Individual Entries (exclude Outreach)		\$10 per event	
Relay Entries		\$x.xx per relay	
OSI Swimmer Surcharge (exclude Outreach)		\$5.00 per swimmer	
Host Team Facility Surcharge (exclude Outreach)		\$2.00 per swimmer	
Total Fees Due			

Please list any Outreach Swimmers Below:

Total # outreach IEs: (# swimmers x # entries x \$x.xx)		Total # of Outreach swimmers x \$xx surcharge:	
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(Outreach fees can be subtracted from your team totals)

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers listed on the enclosed entry and coaches attending the meet are current USA Swimming members **IN GOOD STANDING**. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. [Great Waves Aquatics](#), [Spire Institute](#), Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to:
[Meet Host Information]