



2021 BGSC May Invite
May 22-23, 2021
Held under the sanction of USA Swimming
Sanction #: OH-21LC-09

Hosted by
Bowling Green
Swim Club

Location:	Bowling Green State University 1411 Ridge Street Student Recreation Center Bowling Green Ohio 43403 419.372.2000
Facility:	8-Lane, 50-meter pool. 13 feet at the dive end and 4 feet at the turn end of the competition pool. 8 Lanes in the competition pool. Blocks with wedges. Colorado Timing System with scoreboard display. Indoor pool. The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2C(4). The copy of such certification is on file with USA Swimming.
Meet Director:	Julie Price 419.340.2754 Jasmine0857@gmail.com
Meet Referee:	Tom Knox
Officials Contact for the Meet:	Tom Knox tknox@bgsu.edu 419.601.5698
Entry Chair:	Gary Layne bgsccgatorsmeetentries@gmail.com 419.367.1081
COVID Compliance Officer for Meet	Carolyn Strunk bgsccgatorsmeetentries@gmail.com 419.356.4776 ****THERE WILL BE NO SPECTATORS PERMITTED INTO THE FACILITY FOR THIS MEET. IF A SWIMMER (OR THEIR PARENT) IS UNCOMFORTABLE WITH THIS SCENARIO, THIS IS NOT A MEET TO ENTER THEM IN. WE ARE WORKING ON A LIVE STREAM OPTION FOR THE DURATION OF THE MEET.
Sanction:	In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. As a condition of sanction, Bowling Green Swim Club agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio, local jurisdictions and the Bowling Green Swim Club Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.
Meet Type:	Invitational Meet: This will be an in-person meet. The meet will be limited to invited teams who will be assigned an allotted number of swimmers per session. The number of swimmers will not exceed the facility capacity listed in this meet announcement
# of Sessions:	Four (4)

Disclaimers

Bowling Green Swim Club has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

Organization Regulations/Waivers	
USA Swimming Rules	<ul style="list-style-type: none"> At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet. Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices. Deck changes are prohibited. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Flash photography is not permitted at the start of any race. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
Technical Suit Ban	<p>Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.
Ohio State Laws that are applicable to Ohio Swimming sanctioned events	<ul style="list-style-type: none"> Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at www.swimohio.com under Safe Sport>Concussion. There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.
COVID-19 Information	<ul style="list-style-type: none"> Avoid getting closer than six (6) feet to anyone coughing or sneezing. Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol. Avoid touching your eyes, nose, and mouth. Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands. Stay home if you are sick, and away from the pool and from fellow team members. FACE COVERINGS: All meet participants – coaches, officials, administrators, spectators, vendors and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.
Waiver/Release	<ul style="list-style-type: none"> By entering this meet, you are granting permission for the names of any, or all, of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

Entering the Meet	
Eligibility:	<ul style="list-style-type: none"> All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet. All adult athletes must hold current Athlete Protection Training certification. Age on the first day of the meet will determine age for the entire meet.
Disability Swimmers:	<ul style="list-style-type: none"> Ohio Swimming welcomes swimmers with a disability. Entry Procedures:

Entering the Meet	
	<ol style="list-style-type: none"> 1. Enter the USA-S swimmers with a disability electronically or on the paper entry form. 2. Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations. 3. List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions. <ul style="list-style-type: none"> • Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats. • See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).
Entry Limits Entry Fees:	<ul style="list-style-type: none"> • Swimmers may swim a maximum of 4 individual events per day. • \$5 per individual event • \$5 OH LSC surcharge per swimmer. • \$12 Facility Fee per swimmer
Entry Procedures:	<ul style="list-style-type: none"> • Deadline for receipt of entries is Monday May 3, 2021. 8:00pm. • Entries must be submitted in LCM using an electronic meet entry software (Hy-Tek/Team Unify). • Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission. • Send entries via email to: bgscgatorsmeetentries@gmail.com • Please include the names of any Outreach swimmers in the email. • Checks should be made payable to: Bowling Green Swim Club • "No Time" (NT) entries will not be accepted as a means to have accurate time lines. • The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.
Warm-up and Safety Guidelines:	<ul style="list-style-type: none"> • The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet. • Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees). • Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. • Ohio LSC Swimming Safety Guidelines and Warn-Up Procedures will be in effect for this meet. • No spectators allowed on deck.
Competition Guidelines:	<ul style="list-style-type: none"> • This meet will be a timed finals meet. • This meet will be contested in LCM. • This meet will be pre-seeded. Deck entries will not be accepted at the meet. • No 8 & Under events. • Please enter "Long-Course Experienced" swimmers. Especially 10&unders, please.
Awards:	<ul style="list-style-type: none"> • There will not be awards at this meet. • Results will not be posted during the meet.
General:	<p>There will not be hospitality, concessions, or a vendor at this meet</p> <p>Coaches, Volunteers, and Officials must bring their own water for during the meet.</p>

**2021 BGSC May Invite
ORDER OF EVENTS**

Saturday May 22, 2021					
Session #1		Session #2		Session #	
Event #	Event Description	Event #	Event Description	Event #	Event Description
101	Mixed 100 fly	201	Mix 200 fly		
102	Mixed 100 back	202	Mixed 100 free		
103	Mixed 100 free	203	Mixed 200 back		
104	Mixed 50 breast	204	Mixed 100 breast		
105	Mixed 400 free	205	Mixed 200 IM		
		206	Mixed 400 free		
Sunday May 23, 2021					
Session #3		Session #4		Session #	
Event #	Event Description	Event #	Event Description	Event #	Event Description
301	Mixed 100 breast	401	Mixed 200 breast		
302	Mixed 50 fly	402	Mixed 50 free		
303	Mixed 200 free	403	Mixed 100 fly		
304	Mixed 50 free	404	Mixed 200 free		
305	Mixed 50 back	405	Mixed 100 back		
306	Mixed 200 IM	406	Mixed 400 IM		
		407	Possible Mixed 800 or 1500		

***ALL swimmers must be entered with Long Course Meter times to be sure time lines are as accurate as possible!

PLEASE LIST ANY OUTREACH SWIMMERS HERE:

Name	Number of Events
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**Summary of Fees/Release Form
2021 BGSC May Invite**

Team Name	
Club Name	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total #	Cost per	Total
Individual Entries		\$5 per event	
Relay Entries	X	\$ per relay	X
OSI Swimmer Surcharge		\$5.00 per swimmer	
Host Team Facility Surcharge		\$12 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Bowling Green Swim Club, BGSU Student Recreation Center, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Signature (Coach or Club Representative)

Club Title (Coach etc)

Name of Club

Date

Send this form with check to:
Bowling Green Swim Club
P.O. Box 793
Bowling Green, Ohio 43402

APPENDIX 1: Meet Safety Plan for Bowling Green Swim Club and all participating teams

Facility Information	
Facility Rules and Policies:	<p>(1) Swimmers will enter the facility using the ADA access. Exit only through the ADA entrance of the SRC.</p> <p>(2) Smoking is not allowed on the campus of BGSU.</p> <p>(3) All swimmers are to stay in the areas of the Recreation Center designated for the swim meet (Cooper Pool and possibly the bleacher area – this will be identified in advance). Other areas of the Recreation Center will be closed or in use by individuals or groups during the meet.</p> <p>(4) No concessions, hospitality, or vendor will be in the facility. Any food or beverages brought into the pool should be prepackaged or well-sealed in a lunch box and inside the swimmers’ backpack/swim bag.</p> <p>(5) Only swimmers, coaches, officials and meet personnel are to be on deck.</p> <p>(6) For their own safety, if the spectator bleacher areas are used, swimmers must wear shoes or sandals when they go upstairs.</p> <p>(7) All SRC rules and regulations are in effect during all meet sessions.</p>
Locker Rooms / Changing	<p>Athletes must arrive in their suits. Changing in the lock rooms is possible at the completion of a swimmers’ events, but capacity will be monitored by the Safety Marshals. Family restrooms are for restroom use only and must not be used for changing or showering. Deck changing is prohibited. Restrooms will be monitored by Safety Marshals.</p>
Facility Capacity	<p>Due to the current COVID-19 environment and limited pool deck space, BGSU is not allowing spectators at this time.</p> <p>SPECTATORS: The maximum number of spectators gathered at this indoor sports venue is 0</p> <p>POOL DECK: Planned total number of people on the pool deck area per session will not exceed 140 people and will be distributed as follows: Swimmers: 104 Coaches: 15 Officials: 6 (includes deck officials and AO/scoring table personnel) Volunteers on the pool deck: 10 timers / 0 runners / 2 safety marshals / 2 sanitizers / Lifeguards: 3 Total = 140</p> <p>**Use of spectator areas will allow for an additional 52 swimmers per area (104). (Total Max per session could be 208 swimmers)</p>

COVID Procedures / Information	
Specific COVID Protocols for this Meet	<p>Bowling Green Swim Club/BGSU staff will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.</p> <p><u>Mask/Cloth Face Covering Wearing Requirements:</u> Masks/cloth face coverings will be mandatory for all participants. Participants are defined as swimmers, coaches, officials, volunteers, and all other applicable adults as defined by MAAPP. Everyone must wear a mask/face covering for the duration of the meet. Swimmers only have an exception during the swim cycle. The ‘swim cycle’ is defined as the time period beginning with the swimmer being called for their warmup or race until their warmup/race/cool down has ended. Swimmers must wear their mask/cloth face covering when not swimming.</p> <p>***All swimmers, coaches, officials, volunteers, and other meet personnel are required to sign a BGSU Covid-19 Waiver. This is a separate document that everyone entering the facility for the first time since reopening during Covid must sign in advance and turn in at the entry point to the pool.</p>

COVID Procedures / Information	
Entry and Exit Procedures and Health Screening	<p>Entry into the facility must include health screening questions and should include temperature screening either at the facility or prior to arrival, no person shall be admitted with a temperature over 99.5F or in accordance with CDC, or local health department recommendations.</p> <p>Volunteers, coaches, officials and athletes will be required to wear a mask at all times while inside the building. All volunteers, coaches, officials and athletes will be required to answer health questions take a temperature screening which will happen once they are inside the facility using the ADA doors.</p> <p>Safety Marshal will be responsible for monitoring all safety procedures.</p>
Athlete Seating Areas	<p>Each team will be assigned a section of bleachers on the pool deck/spectator seating areas based on their entry numbers.</p>
Swimmer Limitations and Protocols	<p>Face coverings are required on BGSU Campus, even outdoors! Social distance on deck and during warm up and warm down. Use readily available hand sanitizer as much as possible.</p> <p>DURING RACES:</p> <p>Swimmers will put items in their own container/Ziploc bag behind the lane. When the heat before you dives in and the previous heat has moved to the warm down lane or exited the pool, you will be called to move to the block at your assigned lane and be ready to begin your heat. When you finish your race, you will stay in the water.</p> <p>We will do fly-over (dive-over) starts. After the next heat begins, swimmers in session may move to the cool down lane to swim, then exit the pool and proceed to collect their towel and mask, dry face, put mask on, and proceed to their team area - maintaining physical distance.</p> <p>If you use the restrooms, spray all touched surfaces upon leaving the locker room (assuming spray sanitizer available at facility).</p> <p>Locker rooms are not available for changing before the meet. They are available after the meet if a swimmer chooses to change before departing the facility.</p> <p>When not in the water, athletes are expected to wear a mask at all times, including when walking to and from an event and/or warm-up lanes. Masks may be removed masks for swimming but must put them on again once they exit the water.</p> <p>Athletes are expected to maintain proper distancing at all times.</p>
Parental Access and Safe Sport Considerations for Athletes	<p>The Meet Safety Marshal as well as the Bowling Green Swim Club Safe Sport/COVID Coordinator will provide oversight for this.</p> <p>Should a parent need to access a child who is on deck, the child will be brought to the parent at the ADA door or in case of emergency, the parent may be escorted to the child.</p> <p>Bowling Green Swim Club will allow parent volunteers from visiting teams to time.</p> <p>Bowling Green Swim Club will attempt to provide a live stream so parents will have access to and/or opportunity to observe their swimmer.</p>

For posting at the Meet Facility and/or added to Heat Sheets

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