

THE 52nd ANNUAL FREEDLANDER SWIM MEET

Hosted by

THE WOOSTER RECREATION SWIM CLUB

June 25, 26 & 27, 2021

Held under USA Swimming Sanction # LS; Time Trials # LE 20164 LS

LOCATION: Freedlander Park Pool, 400 Hillside Dr., Wooster, OH, 44691

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting this sanction, YWRC agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LE, the State of Ohio and Ashtabula County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

COVID PROTOCOLS:

- All local health and safety protocols will be followed.
- Masks shall be worn and social distancing shall be implemented at all times except for when the swimmer is up on the blocks and in the water.
- Mask will be provided at the north end of the pool for the 50 free style events.
- A locker room will be available for use by the swimmers only. A monitor (not allowed inside) will be posted outside the locker room and will limit the number of swimmers inside to affect social distancing.
- Swimmers should arrive/depart in their suit. They will not be allowed to share caps, goggles, food and drinks.
- Only four (4) swimmers shall be permitted to wait behind the blocks at any given time. 1 swimmer at a time to communicate with a coach, while maintaining social distance.
- Restrooms will be available for spectators. Limits will be posted on site.
- *Local health guidelines will be followed for gatherings of spectators. A COVID Marshall will be on site to ensure all are following the guidelines. Failure to comply with state and local guidelines may result in removal from facility.*
- Parents shall have access to their swimmers and be able to observe them.

POOL: 50 meters, long course, heated and lighted. Ten 6-foot lanes with Kiefer Competitor, non-turbulent lane markers. Daktronics electronic judging and timing system with touch pads, backed up with Daktronics push-button system. Excellent spectator viewing and spacious adjacent parking areas. The competition course has not been certified in accordance with 104.2.2C (4). The depth of the pool at the start end is 4.0 feet and the depth at the turn end is 3 feet 5 inches.

- 350 hillside spectator bleacher seats for better viewing
- Scoreboard that has event and heat number-lane, place and time
- Touch pads at both ends of the pool. There will be in-water starts at the north end of the pool for relays.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with the requirement.

STARTING TIMES: Friday night warm-up will begin at 5:00 p.m. and end at 5:50 p.m. The meet will start at 6:00 p.m. Saturday and Sunday morning sessions (8 & Under, 10 & Under, and 11-12) warm-ups will be from 8:00 – 8:50 a.m., with competition starting at 9:00 a.m. Afternoon (13-14, 15-16, and OPEN) warm-up will begin 15 minutes after the conclusion of the morning session and last for fifty minutes. Warm ups shall be split if the average number of swimmers per lane is scheduled to exceed fifteen (15) swimmers per lane. Estimated afternoon start times will be posted at Lakeerieswimming.com by June 24, 2021.

ENTRY DEADLINE: The due date for entries, electronic or otherwise is **June 16, 2021**. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours, so mail early. **Times may be upgraded and swimmers added until the entry deadline or until the meet is closed, whichever is first.** Hard copy, meet summary sheet and check must be received by June 20, 2021 or your entries may be deleted. Mail entries to Charlotte Mitchell, Entry Chairperson, 1781 Canterbury Lane, Wooster, Ohio 44691; e-mail to charmitch9092@yahoo.com.

TEAM SUPERVISION: Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ENTRY FEES: Individual events \$6.00; Relays: \$12.00. There is a \$3.00 per swimmer

LESI surcharge. There is a \$2.00 per swimmer handling fee for entries not submitted in an electronic file. Make checks payable to the Wooster Swim Club Boosters.

ENTRY LIMITATIONS: Swimmers may enter up to 4 individual events per day exclusive of relays and may compete in no more than 4 individual events per day or 12 for the meet. Swimmers may participate in time trials providing that the numbers of swimmer's events and time trials do not exceed the 4-event/day limit.

ELIGIBILITY: Swimmers must be current athlete members of USA Swimming and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host. Age is as of the first day of the meet, June 25, 2021. On deck USA Swimming registration will NOT be available.

QUALIFYING TIMES: **Please** see event listings. Time standards are for some 200-meter and longer events only. Swimmers must be equal to, or faster than, the qualifying time listed as of the entry deadline. All entries should be in long course meters; TM conversions are acceptable. NT will not be accepted; if the swimmer has no time please provide an estimate.

PROOF OF TIME: Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time. Proofs of time shall be from an observed swim or from a sanctioned or approved competition only unless the meet announcement specifically states that times from other meets such as high school, YMCA or NCAA may also be submitted. A fine of \$10.00 for each swim listed in the notice for which acceptable proof of time is not provided will be levied against the team or unattached swimmer.

SWIMMERS WITH A DISABILITY: Qualifying times for 50 meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular form); (2) list in the e-mail accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules Regulations and the Lake Erie Swimming Policy and Procedures. Events will be contested in a 50-meter long course. All events are **TIMED FINALS**. Swimmers are limited to entry and competition in four events per day (excluding relays). In **AGE GROUP** events, swimmers must enter in their own age group; age on June 25, 2021 will determine age group. **Any eligible swimmer, regardless of age, may enter OPEN events.** Please carefully review the order of events for the PM Sessions. The following events are back-to-back in the meet program and there may not be rest in between: Saturday OPEN 200 IM/OPEN 200 Breast; Saturday OPEN 50 Free/OPEN 200 Butterfly; Sunday OPEN 100 Free/OPEN 200 Back. If you are entering swimmers

in both age group and open events, be aware that the Lake Erie Swimming 15 Minute Rule does not apply to swimmers competing in different age designations within a session. Plan your swimmers' events accordingly. The Lake Erie scratch rule (attached) will be in effect.

SEEDING & CHECK IN: All events will be pre-seeded. The Lake Erie scratch rule (attached) is There will not be a scratch meeting.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

AWARDS: TEAM SCORING – Plaques will be awarded for 1st, 2nd and 3rd place Team finish. 8 and under events will not be scored. Scoring to ten places for Individual is (1st 11, 2nd 9, 3rd 8, 4th 7, 5th 6, 6th 5, 7th 4, 8th 3, 9th 2, and 10th 1). Relays are (1st 22, 2nd 18, 3rd 16, 4th 14, 5th 12, 6th 10, 7th 8, 8th 6, 9th 4, and 10th 2).

INDIVIDUAL AWARDS – Will be given to the coaches. Awards for 12 & under events only. Medals for 1st, 2nd, and 3rd place. Ribbons will be awarded for 4th through 10th place in each event. Heat ribbons to the winner of each heat. No awards or heat ribbons will be issued for the 13 & over or open events.

ADMISSION COST: Admission is free.

HEAT SHEETS: Heat and Lane assignments will be sent to the coaches ahead of time. Meet Mobile will be used during the meet.

PARKING: Free, attendants will be available to assist with parking

FOOD: Will be available at the special concessions through the Facility/Pool

SUITS AND SWIM WEAR: Aquatic Outfitters will be set up in the chalet.

LODGING: Overnight accommodations are available. Contact the meet director for camping information.

RESULTS: Will be posted on www.lakeeriewimming.com web site. Teams may request a backup at the conclusion of the meet.

TIME TRIALS: Time Trials will be preseeded. No On Deck registration for Time Trials will be available.

Time trials will be held Saturday and Sunday in between the morning and afternoon sessions, time permitting. Time Trials should be included with your original hytek entry. Entry fees for time trials are \$12 per event, \$24.00 per relay plus \$3.00 LESI surcharge if only entering time trials. Swimmers must make sure entries and time trials together do not exceed the 4event/day limit.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain as much verbal and visual contact with their swimmers as possible throughout the warm-up period. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter feet first in a cautious manner with one hand in contact with the pool edge. There is no

diving during warm-ups except in designated sprint lanes. The diving well will be available for quiet warm-up/cool downs during the competition. The final 20 minutes of warm-ups shall be conducted as follows:

- (a) Lanes 1 & 10 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 9 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-8 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Feet first entry only into the continuous warm-up lanes.

Camera Zones: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Acceptable camera zones include the team areas, concession area, spectator area and the turn end of the competition course when not used for starts. Those failing to abide by this rule may be removed from Freedlander Pool.

DECK CHANGES: Deck changes are prohibited.

INITIAL DISTANCE: In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead off splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order to be entered into SWIMS.

Officiating Opportunity: Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES1) officials in officiating this meet. Please contact the meet director, Rob Harrington, or LES1's Officials Chair in advance of the meet if at all possible to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director: Rob Harrington: RHarrington@wooster.edu

Official's Chair: Bob Martens: bobmatens15@gmail.com

COACHES PACKETS: Will be available for pick up on Friday night, Saturday and Sunday at the information table. Coaches will receive their packets after they have checked in and been issued their deck pass and wristband.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Rob Harrington Telephone (Pool) 330-263-5200 ext. 415
(Parks & Rec) 330-263-5207 RHarrington@wooster.edu

ENTRY PERSON: Charlotte Mitchell Telephone 330-263-0632
charmitch9092@yahoo.com

COVID MARSHALL: Mollie Conley Telephone 330-464-3963 mollieconley@hotmail.com

EVACUATION PLAN: In the event of a weather or other type of emergency, evacuation of spectators and swimmers will be through the locker rooms or the gate in the spectator area on the west side of the pool, or the parking lot gate located on the south side of the pool. Everyone will proceed to their cars in the west and south parking lots until notified that they can return to the pool area. A diagram of the evacuation route will be included in the Heat Sheet.

SCHEDULE OF EVENTS

Freedlander Swim Meet

***Saturday AM – 8:00 Warm-Up, 9:00 meet start (Timed Finals)
June 26, 2021***

Girls #	Qualifying Time (Equal to or faster than)	Age Group/Stroke	Qualifying- Time (Equal to or faster than)	Boys #
11		10 & Under 100 Fly		12
13		11-12 100 Fly		14
15		8 & Under 50 Back		16
17		10 & Under 50 Back		18
19		11-12 50 back		20
21		10 & Under 100 Breast		22
23		11-12 100 Breast		24
25		8 & Under 50 Free		26
27		10 & Under 50 Free		28
29		11-12 50 free		30
31		10 & Un 200 Med Re- lay		32
33		11-12 200 Med Relay		34

**Saturday PM – Warm-Up 15 min. after end of morning session.
Meet Start (Timed Finals) check www.Lakeerieswimming.com.**

June 26, 2021

Girls #	Qualifying Time (Equal to or faster than)	Age Group/Stroke	Qualifying Time (Equal to or faster than)	Boys #
35		Open 400 Free Relay		36
37		13-14 200 IM		38
39		15-16 200 IM		40
41		Open 200 IM		42
43	3:42.59	Open 200 Breast	3:29.49	44
45		13-14 50 Free		46
47		15-16 50 Free		48
49		Open 50 Free		50
51	3:13.29	Open 200 Butterfly	3:02.59	52
53		13-14 100 Back		54
55		15-16 100 Back		56
57		Open 100 Back		58
59		13-14 200 Med Relay		60
61		Open 200 Med Relay		62

Freedlander Swim Meet

Sunday AM – 8:00 Warm-Up, 9:00 meet start (Timed Finals)

June 27, 2021

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
63		10 & Under 100 Back		64
65		11-12 100 Back		66

67		10 & Under 200 I.M.	68
69		11-12 200 I.M.	70
71		8 & Under 50 Butterfly	72
73		10 & Under 50 Butterfly	74
75		11-12 50 Butterfly	76
77		10 & Under 100 Free	78
79		11-12 100 Free	80
81		8 & Under 50 Breast	82
83		10 & Under 50 Breast	84
85		11-12 50 Breast	86
87		10 & Under 200 Free Relay	88
89		11-12 200 Free Relay	90

Sunday PM - Warm-Up 15 min. after end of morning session.

Meet Start (Timed Finals) check www.Lakeerieswimming.com

June 27, 2021

Girls #	Qualifying Time (Equal to or faster than)	Age Group/Stroke	Qualifying- Time (Equal to or faster than)	Boys #
91		Open 400 Med Relay		92
93		13-14 100 Freestyle		94
95		15-16 100 Freestyle		96
97		Open 100 Freestyle		98
99	3:13.19	Open 200 Back	3:02.99	100
101		13-14 100 Butterfly		102
103		15-16 100 Butterfly		104
105		Open 100 Butterfly		106
107		13-14 200 Freestyle		108

109	2:55.19	Open 200 Freestyle	2:45.69	110
111		13-14 100 Breast		112
113		15-16 100 Breast		114
115		Open 100 Breast		116
117		13-14 200 Free Re- lay		118
119		Open 200 Free Re- lay		120

**TIME TRIAL EVENTS - MIXED
SATURDAY, JUNE 26, 2021**

EVENT #	STROKE
200	100 Butterfly
201	100 Back
202	100 Breast
203	100 Free
204	200 Butterfly
205	200 Back
206	200 Breast
207	200 Free
208	50 Free
209	200 IM
210	400 Free

**TIME TRIAL EVENTS - MIXED
SUNURDAY, JUNE 27, 2021**

EVENT #	STROKE
300	100 Butterfly

301	100 Back
302	100 Breast
303	100 Free
304	200 Butterfly
305	200 Back
306	200 Breast
307	200 Free
308	50 Free
309	200 IM
310	400 Free

**LAKE ERIE SWIMMING, INC.
INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.
- B. Events Seeded on the Deck –
 - (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.
 - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Adminis-

trative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.

- (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
- (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).

C. Scratching from Bonus Finals, Consolation Finals and Finals

- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
- (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If a consolation final has already been contested, the final shall be swum without re-seeding for the empty lane(s).

D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if

- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**FREEDLANDER MEET
HOSTED BY WOOSTER YMCA AND RECREATION SWIM CLUB,
June 25, 26 & 27, 2021
Meet Entry Summary Page**

Team Name: _____ Team Code: _____ LSC Code: _____

Contact Person : _____ Phone: _____

Email _____

Address: _____ City: _____ State: _____ Zip _____

_____ (total # of swimmers) X \$3.00 (LESI Surcharge) = \$ _____

____ (total # of individual events) X \$6.00/event = \$ _____
 ____ (total # of relay events) X \$12.00/relay entry = \$ _____
 ____ (total # time trial events) X \$12.00/event = \$ _____
 ____ (total # of time trial relays) X \$24.00/event = \$ _____
 ____ (total # of swimmers) X \$2.00 (handling fee for non-electronic entries) \$ _____
TOTAL AMOUNT REMITTED \$ _____

____ Swimmers will be without a coach on deck: ____ Sat/Sun a.m. ____ Fri/Sat/Sun p.m.

____ I have arranged for my swimmer/s to be supervised by _____

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ (coach or member team representative).

DATE: _____

Make checks payable to Wooster Swim Club Boosters and mail to: Entry **Chairperson: Charlotte Mitchell, 1781 Canterbury Lane, Wooster, Ohio 44691** Please **note**: All entries submitted with this sheet should be covered by a single check. Kindly do not send multiple checks with a single entry form. Amount will need to be in US funds (money order, etc).

DEADLINE FOR RECEIPT IS June 16, 2021. This sheet must accompany all entries, including HY-TEK Team Manager entries. Please note all entries submitted with this sheet should be covered by a single check.