#### LAKE ERIE JUNIOR OLYMPIC CHAMPIONSHIP MEET

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## 8 and UNDER CHAMPIONSHIP MEET Hosted by Lake Erie Swimming LSC March 12-14, 2021

Held under USA Swimming Sanction # #LE 20148 SS

In granting this sanction, LESI agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LE, the State of Ohio and Ashtabula County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**LOCATION:** SPIRE INSTITUTE Aquatic Center, 5201 Spire Circle, Geneva, 44041. Take 90 to Exit 218.

**POOL:** The competitive swimming pools measure 10 lanes by 25 yards in a 50 meters Olympic size pool, with 2 moveable bulkheads for subdivision of the pool. Warm ups will be in both pools. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The depth of the pool at both ends is 14'. Competition will take place in the diving board end of the pool Colorado timing system and scoreboard are available

**ENTRANCE:** Swimmers will enter and exit the facility between the Aquatics and Track buildings. Facility entrances are marked with blue stars. Following health screening, inclusive of temperature checks, swimmers will be guided by arrows from the entrance to their assigned seating area on the pool deck.

**WARM UP/COMPETITION:** Swimmers will follow the arrows at the end of the lane to either (1) return to the blocks for starts (2) return to their seating area and/or (3) speak with their coach following their race. Each lane shall be allowed 5 swimmers for warm ups.

**SPECTATORS**: Each swimmer is allowed to bring 1 spectator. Admission is included in the entry fees. COVID Marshals shall monitor social distancing within the spectator area.

**SANITATION**: Starting blocks will be sanitized at the conclusion of warm-ups, between events, and at the conclusion of the session. Sanitation will also take place between sessions.

#### **COVID PROTOCOLS:**

- Temperature checks and SPIRE health screening shall be required of all swimmers, coaches, officials, volunteers and spectators.
- SPIRE health screening must be filled out and signed on the day of the meet by all swimmers, volunteers, coaches, officials and spectators. A parent/guardian must sign the waiver for those swimmers under the age of 18. On-line @ https://spirecovidform.paperform.co/ or scan the attached QR code to fill out the health screening. A confirmation screen or email sent after filling out the form must be shown at the health screening station. This form MUST be filled out every day of the competition. For athletes without access to an email or mobile device, they will be required to bring a printed copy of the confirmation email to the health screening station.
- If someone leaves the premises and returns, he/she will undergo a temperature check and screen again.
- Masks shall be worn and social distancing shall be implemented at all times except for when the swimmer is up on the blocks and in the water.
- A locker room that will be available for use by the swimmers for restroom use only. A monitor (not allowed inside) will be posted outside the locker room and will limit the number of swimmers inside to 4 athletes per the Ohio Department of Health.
- Swimmers should arrive/depart in their suit. They will not be allowed to share caps, goggles, food and drinks.
- Only two (2) swimmers shall be permitted to wait behind the blocks at any given time. Swimmers may
  communicate with their coaches by following the posted arrows which will be in a counter clockwise
  direction on deck
- Swimmers, volunteers, guardians and officials shall enter the building from the main entrance and through the main pool entrance. The spectator area is upstairs.
- Parents shall have access to their swimmers and be able to observe them. Swimmers will not be allowed in the spectator area on the second floor. Guardians may communicate with their swimmer in the lobby. Please observe social distancing with other guardians.
- ALL COACHES, SPECTATORS, VOLUNTEERS, OFFICIALS AND SWIMMERS ARE REQUIRED TO WEAR MASKS AT ALL TIMES EXCEPT WHEN SWIMMERS ARE SWIMMING <u>Anyone not following protocols will be removed from the meet!</u>

Please make sure to bring a plastic container, labeled with the swimmer's name, to place masks in while in the pool for warmups and competing. It is advised to bring extra masks in case they get wet.

**RACING STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ENTRY DEADLINE**: The electronic due date for entries is

- Monday, March 1, 2021
- Please only send one finalized entry from your team
- Hard copy and payment must be postmarked by Friday, March 5, 2021 and received by Monday, March 8, 2021. Send entries to: <a href="mailto:crabtreeerin@hotmail.com">crabtreeerin@hotmail.com</a> (Note 3e's). Payments and hard copy should be mailed to Carl Shallenberger 470 Castle Blvd, Akron Oh 44313

#### **ENTRY FEES:**

\$ 50.00 which includes events, admission for 1 spectator, digital heat sheet and LESI swimmer surcharge. Additional \$2.00 for any manual entries submitted. Make checks payable to LESI.

#### **VOLUNTEER ASSIGNMENTS:**

This is a Lake Erie sponsored meet. Every club that participates in the meet is expected to provide volunteer meet workers. Volunteer assignments for each team will be posted on the LESI website, <a href="www.lakeerieswimming.com">www.lakeerieswimming.com</a>, by Friday, March 6, 2021. Assignments will not be emailed to individual club members or coaches. Each team is required to fill all of their volunteer assignments. Should a club fail to fulfill its work responsibilities; a \$100 fine <a href="per worker per session">per worker per session</a> will be levied and given to the club who supplies the replacement. Volunteer check in will be located by the stairs to the spectator level, just beyone the health checkpoint.

#### **OFFICIATING OPPORTUNITY:**

Anyone who is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in working this meet. Please contact the meet director or the Lake Erie Officials' Chair in advance of the meet if at all possible to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Bob Martens, bobmartens15@gmail.com.

#### **STARTING TIMES:**

### Friday Night:

Session 1 warm up will begin at 5:00 pm and last 30 minutes.

Competition starts at 5:35 p.m.

The opposite side of the pool will be open for warmups. A timeline will be posted by Wednesday, March 10 on <a href="https://www.lakeerieswimming.com">www.lakeerieswimming.com</a>

#### Saturday

Session 2 Warmups 8:00am (8U Champs is the first session on Saturday)

Competition starts at 9:00am

The final warm up schedule will be posted on the Lake Erie Swimming website <a href="https://www.lakeerieswimming.com">www.lakeerieswimming.com</a> on Wednesday, March 10, 2021.

#### **Sunday**

Session 6 Warmups 8:00am (Sunday 10U)

Competition starts at 9:00am

The final warm up schedule will be posted on the Lake Erie Swimming website www.lakeerieswimming.com on Wednesday, March 10, 2021.

NOTE: Sessions, genders, and/or age groups may be adjusted after receipt of all entries in order to provide the best experience for the swimmers and maintain the 2-hour meet timeline. This information will be posted no later than Wednesday, March 10 on <a href="https://www.lakeerieswimming.com">www.lakeerieswimming.com</a>.

#### **TEAM SUPERVISION:**

Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes.

#### **RETURN TO PLAY LAW:**

Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <a href="http://www.NFHSlearn.com/self\_courses">http://www.NFHSlearn.com/self\_courses</a>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement

#### **ELIGIBILITY:**

Swimmers must be current athlete members of LESI, be 14 years of age or younger, and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must check in for each day or session they attend. All coaches must display the deck pass issued by the meet host (wristband is required to be worn by all coaches). Age is as of the first day of the meet, March 12, 2021.

Swimmers must have swum in a meet since August 1, 2020. Please provide proof of time/date with your entry.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

#### **ENTRY LIMITATIONS:**

JO Swimmers may only enter 3 individual events per day, including bonus events for a total of 8 events. This includes 8 & Unders with NAG 'BB' standards, who chose to compete in the JO portion of the meet.

8 & Unders in Session 2 (8 & Under Champs) may swim a total of 4 events. 8 & Unders choosing to participate in Session 3 (10U JO Champs) may swim a total of 3 events. 8 & Under swimmers cannot swim in both sessions 2 and 3.

#### **OUALIFYING TIMES:**

Please see the event listings. Time standards are listed in yards, satisfying the 2021-2024 NAG 'BB' for qualifying events.

13-14 may swim the 50s of stroke with the 100-stroke cut time or as a Bonus Event. Times will be seeded at 100 time. 11-14 may enter the 1650 with the 1000 NAG 'BB' standard

8 & Under Championships do NOT have qualifying times. NT will not be accepted; please estimate times for entries.

SEE BELOW FOR ACCEPTABLE PROOF OF TIME & DOCUMENTATION

#### **BONUS EVENTS:**

Swimmers are eligible for bonus events on Saturday and Sunday. Swimmers may swim one bonus event per qualifying event, up to max number of events. Swimmers must have a legal time to enter event. Bonus events are for 200-yard events and below only. Swimmers entering bonus events should be entered at their actual time. **Please be certain to indicate that the event being entered is a bonus event.** 

**DECK ENTRIES:** Are not permitted.

#### **FASTER THAN:**

Lake Erie Swimming mandates the following: Swimmers should enter an event only if they have achieved the listed time standard for that event, or bonus event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice.

#### **SWIMMERS WITH A DISABILITY:**

Qualifying times for 50-yard events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided their time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free).

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

#### **MEET COMMITTEE:**

Consists of the Technical Planning Chair, 1 of the Meet Directors, Meet Referee, Coaches Rep and an Athlete Rep.

**SEEDING & CHECK IN**: This is a pre-seeded meet.

**CLERK OF COURSE**: None will be provided. Coaches are responsible for getting swimmers to the blocks.

#### **CONDUCT**:

The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard pool. All events are timed finals. 25-yard events will begin at the starting block end and race to the bulkhead. Masks will be brought down to the swimmers.

#### Friday:

- The 10U 500 freestyle will be swum: ten fastest seeded 10U girls, ten fastest seeded 10U boys, then mixed gender fastest to slowest
- The 400 IM and 1650 freestyle will be swum in this order: ten fastest seeded 11-12 girls, ten fastest seeded 11-12 boys, ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, next ten fastest 11-14 year old girls, next ten fastest 11-14 year-old boys, etc. 1000 times will be seeded after all 1650s.

#### **Saturday:**

8 & Unders in Session 2 (8 & Under Champs) may swim a total of 4 events. 8 & Unders choosing to participate in Session 3 (10U JO Champs) may swim a total of 3 events. 8 & Under swimmers cannot swim in both sessions 2 and 3.

<u>Sunday</u>: The 500 Freestyle will be swum by session: ten fastest girls, ten fastest boys, then mixed gender fastest to slowest

NOTE: Sessions, genders, and/or age groups may be adjusted after receipt of all entries in order to provide the best experience for the swimmers and maintain the 2-hour meet timeline. This information will be posted no later than Wednesday, March 10 on <a href="https://www.lakeerieswimming.com">www.lakeerieswimming.com</a>.

#### **AWARDS**:

Awards for 8 & Under Championship (Session 2): 1st -10th places for 6U, 7-, and 8-year-olds.

Junior Olympic Sessions: Awards will be given for 1<sup>st</sup> -10<sup>th</sup> places.

High Point: All age groups (10 and Under, 11-12 yr old, 13-14 yr old) will have individual high point and

runner up awards for both girls and boys.

Awards will be picked up at the end of the meet by a coach from each team.

#### **SCORING:**

1<sup>st</sup>-20<sup>th</sup> place by gender/by age group. 8 & Under events in the 8 & Under Championship Session will not be scored.

INDIVIDUAL: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1

**ADMISSION:** Included in the entry fee-1 spectator per swimmer permitted.

**PARKING**: Included in the entry fee. Parking will be located on the East and South sides of the Aquatics building.

**RESULTS**: Results will be available on the <u>www.lakeerieswimming.com</u>.

TIME TRIALS: None

#### **SAFETY/WARM-UP:**

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool edge.

Warmups shall be 30 minutes each session and may be split if the average number of swimmers per lane is scheduled to exceed USA Swimming's recommended number of athletes per lane. There should only be two swimmers behind the blocks during starts. Swimmers should maintain social distancing while waiting to start.

Teams may use their 30 minutes in their assigned lanes as they see fit, including sprint starts or pace lanes.

The final warm up schedule will be posted on the Lake Erie Swimming website <u>www.lakeerieswimming.com</u> on Wednesday, March 10, 2021.

#### **CAMERA ZONES:**

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

#### **DECK CHANGES:**

Deck changes are prohibited.

#### **DRONES:**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

#### **INITIAL DISTANCE:**

In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

**12 & UNDER APPROVED SUITS**: The tech suit restrictions set forth by USA Swimming, went in effect for 12-and-under swimmers September 1, 2020. <u>Click here</u> for a complete list of the suits that will be **allowed** for athletes 12 and under. Please make sure your suit is approved before wearing it to a meet.

#### **COACHES AND VOLUNTEERS:**

Check in for coaches and volunteers will be located in the lobby by the stairs just beyond the health screening. The number of coaches on deck will be adjusted by team size and in line with the total number of people permitted to be on deck each session. These numbers will be finalized by Wednesday, March 10.

Hospitality will be limited to grab and go snacks and drinks, please plan accordingly.

#### NOTE:

Only athletes entered in the meet, working coaches, officials, and working meet volunteers are allowed on deck. All others must remain in the spectator areas. Only athletes competing in the meet will be permitted in the locker rooms (4 at a time). Parent, Guardians, and Spectators should not plan to meet their swimmers on the pool deck or in the locker rooms before, during or after the meet, as they will be denied access to those areas. Please meet your swimmer in the lobby.

#### **Meet Directors:**

Erin Crabtree <u>crabtreeerin@hotmail.com</u> (330)338-7916

Kristin MacPhail <u>kgmacphail@gmail.com</u>

Carl Shallenberger <u>firestoneninja@gmail.com</u> (330)289-9220

Covid Marshall: Carl Shallenberger <u>firestoneninja@gmail.com</u> (330)289-9220

Entry Chair: Erin Crabtree crabtreeerin@hotmail.com

\*Please note: 3 "e"s in the email address

#### **EVACUATION PLAN:**

In the event of an alarm or an emergency requiring an evacuation:

- Remain calm
- Do not gather belongings, just leave
- Use nearest exit

Swimmers will either be directed to the internal south building hallway adjacent to the locker rooms, or evacuated in accordance with the facility emergency action plan. Spectators will be evacuated in accordance with the facility emergency action plan.

#### **EMERGENCY INFORMATION**

Geneva Police: 911 Geneva non-emergency: 440-466-1002

Two emergency phones are available on deck on the south and east walls.

#### PROOF OF TIME & DOCUMENTATION

### **Times Accepted for Proof of Time**

1. Any time that has been entered into SWIMS provides acceptable proof of time. Times from meets that are sanctioned or approved or swims that have been observed by USA Swimming certified officials for

- compliance with USA Swimming technical rules (see note following this paragraph) are automatically entered into SWIMS. No additional documentation will be required.
- 2. Times from non-approved and non-observed high school, middle school, YMCA or Collegiate meets are acceptable as proof of time if a hard copy of the score sheet/result is sent to Pam Cook. A hard copy of meet results with the referee signature must be sent to Pam by the entry due date in order to be accepted.
- 3. Times from summer league meets are not acceptable.

#### LAKE ERIE JUNIOR OLYMPIC and 8 & UNDER CHAMPIONSHIP MEET

#### FRIDAY MARCH 12, 2021

**Session 1** 

5:00 p.m. Warm-Up

5:35 p.m. Meet Start

The other end of the pool will be open for warmups for the 500 & 1650. A timeline will be posted with finalized warmup info on <a href="https://www.lakeerieswimming.com">www.lakeerieswimming.com</a>

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys #
1	3:15.59	10 & Under 200 IM	3:13.19	2
3	11-12 5:56.79 13-14 5:37.59	11-14 400 IM*	11-12 5:46.39 13-14 5:17.09	4
5	7:34.89	10 & U Mixed 500 Free*	7:26.99	5
7	11-12 1650 23:07.29 13-14 1650 21:43.19 11-12 1000 13:44.69 13-14 1000 13:01.79	11-14 1650 Free*	11-12 1650 22:37.49 13-14 1650 20:43.19 11-12 1000 13:30.19 13-14 1000 12:23.89	8

<sup>\*</sup>These events are not eligible as Bonus Events

### SATURDAY, MARCH 13, 2021

## Session 2 8 & Under Championships

Warmup 8:00am Meet Start 9:00am

Girls #	Event	Boys #
9	100 IM	10
11	25 Free	12
13	50 Fly	14
15	25 Breast	16
17	50 Free	18
19	25 Back	20
21	50 Breast	22
23	25 Fly	24

25	50 Back	26
27	100 Free	28

No Qualifying Times for Session 1. NT will not be accepted; please estimate times for entries.

### LAKE ERIE JUNIOR OLYMPIC and 8 & UNDER CHAMPIONSHIP MEET

## Session 3 10 & Under

Warmup/Meet start times will be posted on www.lakeerieswimming.com no later than Wednesday, March 10

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
29	1:39.09	10U 100 Butterfly	1:37.09	30
31	47.49	10U 50 Breaststroke	46.59	32
33	2:57.19	10U 200 Freestyle	2:47.99	34
35	1:31.69	10U 100 IM	1:28.89	36
37	41.89	10U 50 Backstroke	42.29	38

# **Session 4 11-12**

Warmup/Meet start times will be posted on www.lakeerieswimming.com no later than Wednesday, March 10

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
39	1:17.59	11-12 100 Butterfly	1:16.09	40
41	39.99	11-12 50 Breaststroke	39.49	42
43	2:28.99	11-12 200 Freestyle	2:23.49	44
45	1:18.09	11-12 100 IM	1:14.99	46
47	31.29	11-12 50 Free	30.29	48
49	3:06.59	11-12 200 Breaststroke	3:00.19	50
51	1:18.09	11-12 100 Backstroke	1:15.69	52

## **Session 5 13-14**

Warmup/Meet start times will be posted on www.lakeerieswimming.com no later than Wednesday, March 10

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
53	2:21.29	13-14 200 Free	2:12.79	54
55	Must have 100	13-14 50 Breast	Must have 100	56
	Breast 1:21.69		Breast 1:15.49	

57	1:11.19	13-14 100 Back	1:06.39	58
59	2:36.89	13-14 200 Fly	2:26.89	60
61	30.19	13-14 50 Free	27.79	62
63	2:57.29	13-14 200 Breast	2:43.99	64
65	Must have 100	13-14 50 Fly	Must have 100	66
	Fly 1:10.89		Fly 1:06.09	

## LAKE ERIE JUNIOR OLYMPIC and 8 & UNDER CHAMPIONSHIP MEET

## **SUNDAY, MARCH 14, 2021**

## Session 6 10 & Under

Warmup 8:00am Meet Start 9:00am

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
67	1:44.99	10U 100 Breast	1:41.69	68
69	1:19.99	10U 100 Free	1:18.79	70
71	41.79	10U 50 Fly	40.49	72
73	1:30.69	10U 100 Backstroke	1:29.29	74
75	35.19	10U 50 Free	34.49	76

## **Session 7** 11-12

Warmup/Meet start times will be posted on <a href="www.lakeerieswimming.com">www.lakeerieswimming.com</a> no later than Wednesday, March 10

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
77	2:43.99	11-12 200 Backstroke	2:39.69	78
79	33.89	11-12 50 Butterfly	34.19	80
81	1:08.29	11-12 100 Free	1:05.89	82
83	2:47.29	11-12 200 IM	2:43.99	84
85	35.39	11-12 50 Backstroke	34.99	86
87	1:27.19	11-12 100 Breaststroke	1:24.49	88
89	2:47.19	11-12 200 Butterfly	2:40.79	90
91	6:38.19	11-12 Mixed 500 Free*	6:27.49	91

<sup>\*</sup>These events are not eligible as Bonus Events

## **Session 8 13-14**

Warmup/Meet start times will be posted on www.lakeerieswimming.com no later than Wednesday, March 10

Girls #	Qualifying Time Equal To or Faster Than	Age Group/Stroke	Qualifying Time Equal To or Faster Than	Boys#
93	1:05.49	13-14 100 Free	1:00.89	94
95	2:37.59	13-14 200 IM	2:28.49	96

97	Must have 100	13-14 50 Back	Must have 100	98
	Back 1:11.19		Back 1:06.39	
99	1:21.69	13-14 100 Breast	1:15.49	100
101	2:34.89	13-14 200 Back	2:25.09	102
103	1:10.89	13-14 100 Fly	1:06.09	104
105	6:18.69	13-14 Mixed 500 Free*	5:58.99	105

<sup>\*</sup>These events are not eligible as Bonus Events

#### LAKE ERIE JUNIOR OLYMPIC and 8 & UNDER CHAMPIONSHIP MEET

## March 12-14, 2021

#### **ENTRY SUMMARY SHEET**

TEAM:	TEAM CODE (up to 4 letters)
TEAM CONTACT NAME:	
TEAM CONTACT E-Mail	
Team Contact PHONE #: DAY:/	
EVENING:/	
HEAD COACH:E	mail
□ Swimmers will be without a coach on deck:	
(Total # of swimmers) X \$50.00 = (Total # of paper entry swimmers) X \$2.00 Surcharg *paper entries limited to 5 swimmers or less	\$
TOTAL AMOUNT REMITTED	<b>\$</b>
I VERIFY THAT EVERY SWIMMER LISTED ON THE ENATHLETE MEMBER OF USA SWIMMING, AND THAT EWILL BE A CURRENT COACH MEMBER OF USA SWIMMING.	EVERY COACH REPRESENTING OUR TEAM
SIGNED:(coach or team	representative) DATE:

Make checks payable to LESI and mail to: Carl Shallenberger, 470 Castle Blvd, Akron Oh 44302. Please note that all entries submitted with this sheet should be covered by a single check. **DEADLINE FOR RECEIPT IS**March 1, 2021. Late entries will not be accepted. This sheet must accompany all entries.

SPIRE Institute is requiring EVERY PERSON who enters the facility to complete an online self health assessment for EVERY DAY they are on the SPIRE Campus.

Once filled out, you must show either the success screen for the day you are coming to SPIRE or bring a printed copy of the confirmation email stating that it was completed successfully on the day you are coming to SPIRE.

Temperatures will be verified at the Health Screening Station when success screen is shown.

> SCAN HERE FOR ONLINE HEALTH SCREENING FORM



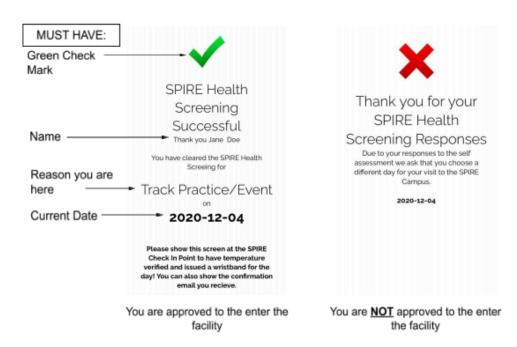


EVERYONE MUST COMPLETE DAILY

Please use your mobile device to scan the QR code. Once the online form is completed you will need to show the confirmation screen with a Green Check, Participant Name and the Date of Your Visit to SPIRE. You can also show the confirmation email sent to the email address that you include with a Green Check, Participant Name and the Date of Your Visit to SPIRE.

## \*\* ATTENTION \*\*

All athletes, coaches, officials and spectators (if allowed) are required to complete SPIRE's <u>DAILY</u> COVID-19 health screening <u>prior to entering</u> into the SPIRE facility. You are required to show the green check approval each time you enter into a SPIRE building.



If you have received the green check approval please show us the green check approval on your phones screen at the SPIRE building entrance.

You can take a **screenshot (Preferred)** or show us the **email** of the approved health screen.

If you do not have access to a mobile phone, please print the email confirmation after the form has been submitted and bring to the health screening station on campus.

