

CLE Swimming Practice Schedule

(All practices at NORC unless noted)

Practice times are effective October 26th, 2024

***NO PRACTICE DATES – SUBJECT TO CHANGE: 10/31, 11/24, 11/26,11/27, 11/28,11/29, 12/11, 12/18, 12/23, 12/25,**

1/1, 1/8, 1/9, 1/13

Group	Day	Time
Golden Eagles	Tuesday/Thursday (NORC)	5:30 – 6:30 PM
Rocket Junior	Mon/Weds/Fri (NORC) Tues/Thurs (NORC) Sat (NORC) <i>Method: Tues/Thurs</i>	7 – 8 PM 6:30 – 8 PM 7 – 9 AM <i>5 – 6 PM</i>
Rocket Senior/NOHS Winter	Mon/Weds (NORC) Tues/Thurs (NORC) Sat (NORC) <i>Method: Tues/Thurs</i>	5:30 – 8 PM 6:30 – 8 PM 7 – 9 AM <i>5 – 6 PM</i>
Eagles Rec Winter 14&Under	Weds/Fri (NORC)	7 – 8 PM