

# LAKE ERIE 10 & UNDER CHAMPIONSHIPS

Hosted by

Hudson Explorer Aquatic Team

Lake Erie Swimming

February 19, 2023

Held under USA Swimming Sanction # LE 23048 SS;

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In applying for this sanction, Hudson Explorer Aquatic Team has agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Lake Erie Swimming, the State of Ohio, and Summit County.

**RISK OF EXPOSURE TO COVID-19:** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND Lake Erie Swimming AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**COVID PROTOCOLS:** Currently, there are no COVID protocols. This may change before the meet.

**LOCATION:** Ocasek Natatorium, University of Akron, 382 Carroll Street, Akron, OH

**POOL:** 25 yards by 8 lanes, with Colorado Timing system and digital scoreboard Continuous warm-up and warm-down during the competition will be available. The competition course has been certified in accordance with 104.2.2C (4). A copy of such certification is on file with USA Swimming. The depth of the pool at the start end is 14 feet. The depth at the turn end is 8 feet.

**RACING STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**STARTING TIMES:** Warmups will start at 8:00 am. Warmups shall be 45 minutes and may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. The finalized warm-up plan may be found at [www.lakeeriewimming.com](http://www.lakeeriewimming.com) by February 15, 2023. The meet will start 5 minutes after the conclusion of the last warmups.

**ENTRY DEADLINE:** Entries, electronic or otherwise, must be received by Monday February 6, 2023. Hard copy, meet summary sheet and check must be received by Wednesday February 8, 2023, or the team's entry may be deleted. New Qualifiers: Entries will be accepted for NEW qualifiers only following the last chance weekend but must be received by Monday February 13, 2023 @ 6:00 PM. Phone entries will not be accepted. Relay only swimmers with USA ID should be listed individually with

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the entry email and listed in the relay that they intend to compete. Mail entries to Cindy Sapochetti 343 Heritage Rd, Aurora OH 44202 or heatmeetentries@gmail.com. NOTE: Do NOT mail entries to meet director.

**TEAM SUPERVISION:** Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

**RETURN TO PLAY LAW:** Under the Ohio Return to Play Law governing concussions, all coaches and officials (in-state or out-of-state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

#### **ENTRY FEES:**

\$7.00 per individual entry  
\$12.00 per relay entry  
\$3.00 Lake Erie Surcharge  
\$2.00 Handling fee for paper entry up to 5 swimmers per entry  
Make checks payable to Hudson City Schools.

**ENTRY LIMITATIONS:** Swimmers who are 8 & under may enter up to 4 events, exclusive of relays. Swimmers who are 9-10 years old may enter up to 6 events, exclusive of relays. Teams may enter an unlimited number of relays per relay event. Only 1 relay per team is eligible to score.

#### **ADDITIONAL ENTRY INFORMATION FOR 9-10 SWIMMERS**

**BONUS EVENTS (9-10 ONLY):** Swimmers are eligible for bonus events. Swimmers may swim one bonus event per qualifying event, up to max number of events. Swimmers must have a legal time to enter an event. Bonus events are for 100- yard events and below only. Swimmers entering bonus events should be entered at their actual time. Please be certain to indicate that the event being entered is a bonus event.

**RELAY-ONLY SWIMMERS (9-10 ONLY):** Teams may bring up to two (2) Relay-Only swimmers to fill out A-relays only. Relay-only swimmers must be marked on the entry by listing their name in the relay, along with their name listed in the entry email. Relay-only swimmers may swim one (1) Bonus individual event within the session that they participate in the relay (50- or 100-yard events only). Please list relay names on the entry. Names/orders can be changed at the meet.

**DECK ENTRIES:** Deck entries will be accepted on a space-available basis only and will be seeded **at no time (NT)**. Deck entries for 9-10 events are required to show proof of time and must meet the qualifying standard of 2021-2024 NAG BB. Deck entries will NOT be taken for Bonus events. Deck entries will be closed 45 minutes before the start of each session. Switching events constitutes a deck entry. Deck entry swimmers will be permitted to score. Deck entry swimmers new to the meet must pay the \$3.00 surcharge and provide proof of USA Swimming membership. Deck entrants for whom there is no space will receive a refund. **NO on-deck athlete or coach or Non-Athlete USA Swimming registration will be available**

Deck Entry Fees:

\$14.00 per individual entry  
\$24.00 per relay entry  
\$3.00 Lake Erie Surcharge, if not already in the meet

**ELIGIBILITY:** Swimmers must be current athlete members of USA Swimming and Lake Erie Swimming. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host. On deck USA Swimming athlete registration will **not** be available. Age is as of the first day of the meet, February 19, 2023.

All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP") and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

**QUALIFYING TIMES:**

- 8 & Under: There are no qualifying times for 8U events; swimmers must have a legal time to enter an event.
- 9-10 years old: NAG BB and faster. Swimmers must be equal to or faster than the qualifying time listed as of the entry deadline.

Enter at either short course yards (Y), short course meters (S), or long course meters (L) times. Converted times may not be used. Times will be seeded in order of SCY, LCM, and SCM. NT will not be accepted for individual events.

**PROOF OF TIME:** Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time. Proofs of time shall be from an observed swim or a sanctioned or approved competition only unless the meet announcement specifically states that times from other meets such as high school, YMCA, or NCAA may also be submitted. A fine of \$10.00 for each swim listed in the notice for which acceptable proof of time is not provided will be levied against the team or unattached swimmer.

**SWIMMERS WITH A DISABILITY:** Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

**CONDUCT:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. Events will be contested in a 25-yard course. All events are timed finals. The Lake Erie scratch rule (attached) will be in effect. 25-yard events may start on the bulkhead and race toward the starting blocks. The 500 free will be swum slowest to fastest, alternating girls then boys.

**SEEDING & CHECK-IN:** All events will be deck-seeded. Check-in sheets will be posted in the racquetball room across from the pool entrance. Swimmers should check in for all events before the start of warmups, but no later than 45 minutes before the start of the session. Relay cards are due upon call. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

The meet host reserves the right to pre-seed events (except for the distance session) if circumstances necessitate such a change. If such a change is warranted, teams will be notified via email by Wed Feb 15, 2023

**DISTANCE EVENTS:** Swimmers entered in the distance session (200 IM & 500 Free) are asked to provide their own timer.

**CLERK OF COURSE:** A Clerk of Course will not be provided. Teams may designate a representative to assist their 8U swimmers. Please contact the meet host for a deck pass.

**SCORING:** 8 & Under events will not be scored. Scoring for 9-10 events will be as follows:

- Individual Events: 9-7-6-5-4-3-2-1
- Relay Events: 18-14-12-10-8-6-4-2

**AWARDS:** Awards will be presented at regular intervals throughout the meet. Details will be available by Web Feb 15, 2023

- 6U, 7, 8-year-old Individual events: 1st-3rd medals, 4<sup>th</sup>-8<sup>th</sup> ribbons
- 9-10 age group Individual events: 1st-5th medals, 6<sup>th</sup>-8<sup>th</sup> ribbons
- Relays: 1<sup>st</sup>-3<sup>rd</sup> medals, 4<sup>th</sup>-5<sup>th</sup> ribbons
- High Point and Runner-Up for 9-10 girls and 9-10 boys
- Team Awards: Team awards will be provided for the 1st 2nd and 3rd place teams

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**ADMISSION COST:** Admission is \$5 per person. CASH only. Seniors (65 and older) and children (5 and under) are free. Heat sheets will not be sold but will be available on meet mobile.

**PARKING:** Free parking is available in the lots adjacent to the natatorium.

**RESULTS:** Results will be available on Lakeerieswimming.com. Teams may request a backup after the meet.

**TIME TRIALS:** Time Trials will not be available

**SAFETY/WARM-UP:** Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. Warmups may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner or using a 3-point entry with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 45-minute warm-up shall be conducted as follows:

*For an 8-lane pool:*

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only, and exiting the pool
- (c) Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Feet first entry only into the continuous warm-up lanes. Continuous warmups will be available in the non-competition pool.

**NO PERSONAL CHAIRS WILL BE ALLOWED ON THE POOL DECK OR IN THE SPECTATOR AREA.**

**MEDICAL SUPERVISION:** A Meet Safety Director and lifeguards will be present to respond to an emergency or provide first aid if needed.

**CAMERA ZONES:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

**DECK CHANGES:** Deck changes are prohibited.

**INITIAL DISTANCE:** In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

**12 & UNDER APPROVED SUITS:** The tech suit restrictions set forth by USA Swimming, went in effect for 12-and-under swimmers September 1, 2020. [Click here](#) for a complete list of the suits that will for athletes 12 and under. Please make sure your suit is approved before wearing it to a meet.

**OFFICIATING OPPORTUNITY** – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible, to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Lori Baylor [lorimbaylor@yahoo.com](mailto:lorimbaylor@yahoo.com)

Official's Chair: Jen Butler [jle3@case.edu](mailto:jle3@case.edu)

**COACHES:** If needed, a coaches' meeting will be held on-site before the beginning of the competition.

**NOTE:** Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

**MEET DIRECTOR:** Lori Baylor [lorimbaylor@yahoo.com](mailto:lorimbaylor@yahoo.com)

**ENTRY PERSON:** Cindy Sapochetti [heatmeetentries@gmail.com](mailto:heatmeetentries@gmail.com)

**DIRECTIONS:**

From 1-77: Follow 1-77 to Rt 8 north. Exit Rt 8 at the Carroll Street/Buchtel St exit. Turn left onto Carroll Street; the natatorium will be on your left.

From Rt 8 South: Exit at Buchtel St/ Carroll St/ Exchange St. Turn right onto Carroll Street, and the natatorium will be on your left.

**EVACUATION PLAN:** In the event of an alarm or an emergency requiring an evacuation:

- Remain calm
- Do not gather belongings, just leave
- Use the nearest exit

Swimmers and Coaches

Follow EXIT SIGNS on the diving board and scoreboard end of the pool deck.

Spectators- Bleachers

Exit through the EXIT SIGN on the balcony and walk down the stairs which lead outside.

**VENDORS**

- University of Akron offers concessions on the spectator level.
- Aquatic Outfitters will be on site with swim related merchandise and meet t-shirts for sale. Meet t-shirts will also be available for pre-sale. Please refer to the [Lake Erie Swimming homepage](#) for updates.

**PROOF OF TIME & DOCUMENTATION**

Times Accepted for Proof of Time

- 1) Any time that has been entered into SWIMS provides acceptable proof of time. Times from meets that are sanctioned or approved or swims that have been observed by USA Swimming certified officials for compliance with USA Swimming technical rules (see note following this paragraph) are automatically entered into SWIMS. No additional documentation will be required.
- 2) Times from non-approved and non-observed high school, middle school, YMCA or Collegiate meets are acceptable as proof of time if a hard copy of the score sheet/result is sent to Pam Cook. A hard copy of meet results with the referee signature must be sent to Pam by the entry due date in order to be accepted.
- 3) Times from summer league meets are not acceptable.

**Qualifying Times  
2021-2024 NAG "BB" Standards**

**10 & Under**

GIRLS				BOYS		
SCM	LCM	SCY		SCY	LCM	SCM
38.89	39.89	35.19	50 Free	34.49	39.49	38.09
1:28.39	1:31.19	1:19.99	100 Free	1:18.79	1:30.19	1:26.99
3:15.99	3:20.99	2:57.19	200 Free	2:47.99	3:12.09	3:05.69
6:38.59	6:51.09	7:34.89	500/400 Free	7:26.99	6:44.49	6:31.19
46.29	48.89	41.89	50 Back	42.29	49.19	46.79
1:40.19	1:45.99	1:30.69	100 Back	1:29.29	1:43.09	1:39.09
52.49	53.99	47.49	50 Breast	46.59	53.29	51.39
1:55.99	1:59.79	1:44.99	100 Breast	1:41.69	1:55.99	1:52.59
46.19	47.09	41.79	50 Fly	40.49	45.99	44.79
1:49.49	1:52.99	1:39.09	100 Fly	1:37.09	1:50.79	1:48.29
1:41.29	-	1:31.69	100 IM	1:28.89	-	1:38.79
3:36.19	3:43.19	3:15.59	200 IM	3:13.19	3:40.79	3:33.49

**LAKE ERIE 10 & UNDER CHAMPIONSHIPS**

SCHEDULE OF EVENTS

February 19, 2023

**Session 1: 8U Girls, 9-10**

Warm-ups start at 8:00 am; Competition begins at 8:50 am

All Events are Timed Finals

<b>Session 1: 8U girls + 9-10 events</b>				
Girls	Qualifying Time Faster than	Age Group/Stroke	Qualifying Time Faster than	Boys
1		8U 100 IM		
2	SCM 1:49.49 LCM 1:52.99 SCY 1:39.09	9-10 100 Fly		
3		8U 50 Free		
		9-10 100 Fly	SCM 1:48.29 LCM 1:50.79 SCY 1:37.09	4
5		8U 25 Breast		
6	SCM 52.49 LCM 53.99 SCY 47.49	9-10 50 Breast		
7		8U 100 Back		
		9-10 50 Breast	SCM 51.39 LCM 53.29 SCY 46.59	8

9		8U 25 Fly		
10		8U 100 Free		
11	SCM 3:15.99 LCM 3:20.99 SCY 2:57.19	9-10 200 Free		
12		8U 50 Breast		
		9-10 200 Free	SCM 3:05.69 LCM 3:12.09 SCY 2:47.99	13
14		8U 25 Back		
15		8U 100 Medley Relay		
16	SCM 1:40.19 LCM 1:45.99 SCY 1:30.69	9-10 100 Back		
17		8U 25 Free		
		9-10 100 Back	SCM 1:39.09 LCM 1:43.09 SCY1:29.29	18
19		8U 100 Breast		
20		8U 50 Back		
21	SCM 38.89 LCM 39.89 SCY 35.19	9-10 50 Free		
22		8U 50 Fly		
		9-10 50 Free	SCM 38.09 LCM 39.49 SCY 34.49	23
24		8U 100 Free Relay		
25		9-10 200 Free Relay		26

**LAKE ERIE 10 & UNDER CHAMPIONSHIPS**  
SCHEDULE OF EVENTS  
February 19, 2023

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## Session 2: 9-10 Distance

Estimated warm up times and competition start times will be available on Feb 15, 2023

**All Events are Timed Finals**

<b>Session 2: Distance Events</b>				
Girls	Qualifying Time Faster than	Age Group/Stroke	Qualifying Time Faster than	Boys
27	SCM: 7:34.89 LCM 3:20.99 SCY 3:15.59	9-10 200 IM	SCM 3:33.49 LCM 3:40.79 SCY 3:13.19	28
29	SCM 3:36.19 LCM 3:43.19 SCY 7:34.89	9-10 500 Free*	SCM 3:33.49 LCM 3:40.79 SCY 7:26.99	30

\*The 500 free will be swum slowest to fastest, alternating girls then boys.



# LAKE ERIE 10 & UNDER CHAMPIONSHIPS

SCHEDULE OF EVENTS

February 19, 2023

## Session 3: 8U Boys, 9-10

Estimated warm up times and competition start times will be available on Feb 15, 2023

All Events Timed Finals

Session 3: 8U boys + 9-10 events				
Girls	Qualifying Time Faster than	Age Group/Stroke	Qualifying Time Faster than	Boys
		8U 100 IM		31
		9-10 100 IM	SCM 1:38.79 SCY 1:28.89	32
		8U 50 Free		33
34	SCM 1:41.29 SCY 1:31.69	9-10 100 IM		
		8U 25 Breast		35
		9-10 50 Back	SCM 46.79 LCM 49.19 SCY 42.29	36
		8U 100 Back		37
38	SCM 46.29 LCM 48.89 SCY 41.89	9-10 50 Back		
		8U 25 Fly		39
		8U 100 Free		40
		9-10 100 Free	SCM 1:26.99 LCM 1:30.19 SCY 1:18.79	41
		8U 50 Breast		42
43	SCM 1:28.30 LCM 1:31.19 SCY 1:19.99	9-10 100 Free		
		8U 25 Back		44
		8U 100 Medley Relay		45

		9-10 50 Fly	SCM 44.79 LCM 45.99 SCY 40.49	46
		8U 25 Free		47
48	SCM 46.19 LCM 47.09 SCY 41.79	9-10 50 Fly		
		8U 100 Breast		49
		8U 50 Back		50
		9-10 100 Breast	SCM 1:52.59 LCM 1:55.99 SCY 1:41.69	51
		8U 50 Fly		52
53	SCM 1:55.99 LCM 1:59.79 SCY 1:44.99	9-10 100 Breast		
		8U 100 Free Relay		54
56		9-10 200 Medley Relay		55

# LAKE ERIE 10 & UNDER CHAMPIONSHIPS

Hosted by  
Hudson Explorer Aquatic Team  
Lake Erie Swimming  
February 19, 2023

## MEET ENTRY SUMMARY PAGE

Team Name: \_\_\_\_\_ Team Code: \_\_\_\_\_ LSC Code: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_ Email \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

\_\_\_\_\_ (Total # of swimmers) X \$3.00 (LESI Surcharge) = \$ \_\_\_\_\_

\_\_\_\_\_ (Total # of individual events) X \$7.00 = \$ \_\_\_\_\_

\_\_\_\_\_ (Total # of relay events) X \$14.00 = \$ \_\_\_\_\_

\_\_\_\_\_ (Total # of swimmers) X \$2.00 (handling fee for paper entries) \$ \_\_\_\_\_

**TOTAL AMOUNT REMITTED:** \$ \_\_\_\_\_

Swimmers will be without a coach on deck:

Sun. am

I have arranged for my swimmer/s to be supervised by \_\_\_\_\_.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: \_\_\_\_\_ (coach or member team representative). DATE: \_\_\_\_\_

Make checks payable to **Hudson City Schools**.

**Please note:** All entries submitted with this sheet should be covered by a single check.

**DEADLINE FOR RECEIPT IS** Wednesday February 8, 2023

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail to: Cindy Sapochetti 343 Heritage Rd, Aurora OH 44202 or heatmeetentries@gmail.com.

**LAKE ERIE SWIMMING, INC.  
INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.
  - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
  - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against that team at the discretion of the Meet Referee.
  - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals and Finals
- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
  - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
  - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.

- (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

# LAKE ERIE 10 & UNDER CHAMPIONSHIPS

February 19, 2023

ENTRY FORM

TEAM NAME: _____ TEAM CODE: _____ LSC: _____					
NAME	AGE	GENDER	USA S NUMBER	EVENT #	TIMES (in yards)

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