MONSTER SYLISH REC SWIM MEET

Date/Time: Friday, October 17th, 2025 with a 6 pm meet start

Location: Valley Forge High School, 9999 Independence Blvd, Parma Heights, OH

Facility: 6 lane 25-meter pool

Fee: \$50-\$75 per team

Registration Deadline: Oct. 14th by 12 noon (Email mgallagher@sevenhillsohio.org)

Timers: All teams are required to provide two timers for the entire swim meet

Entry Limitations: Four events per swimmer in any combination

Eligibility: 18 and Under

Scoring: Individuals and relays will be scored.

Mixed Meet Events

10 and Under 100 Medley Relay
Open 200 Medley Relay
Open 100 Freestyle
10 and Under 25 Butterfly
Open 50 Butterfly
10 and Under 25 Backstroke
Open 50 Backstroke

Open 200 Free

Open 100 IM
10 and Under 25 Breaststroke
Open 50 Breaststroke
10 and Under 25 Freestyle
Open 50 Freestyle

10 and Under 100 Freestyle Relay
Open 200 Freestyle Relay

