



**Black Swamp Invitational**  
**10/21 – 10/23/2022**  
**Held under the sanction of USA Swimming**  
**Sanction #:**



Hosted by:  
**Sand Otter Swimming**

|  |  |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
|--|--|--------------|--------------|--------------|--------------|---------|---------------|-----------|--------------|--------------|---------|--------------|-----------|--------------|--------------|---------|-------------|-----------|--------------|--------------|---------|------------|-----------|--------------|--------------|---------|
| <b>Location:</b>                         | Hawk-Bucci Natatorium<br>Fremont Ross High School<br>1100 North Street<br>Fremont, OH 43420  |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>Facility:</b>                         | <ul style="list-style-type: none"> <li>• 10 lane competition pool (minimum depth 6 feet)</li> <li>• The Hawk-Bucci Natatorium competition course has been certified in accordance with 104.2.2C(4) and a copy of such certification is on file with USA Swimming. The pool has a water depth measured at a minimum of 6 feet from both ends of the walls.</li> <li>• 4 additional warm-up/cool-down lanes (4-5 feet deep)</li> <li>• Complete Colorado Timing System with Full Color Video Board</li> <li>• Spectator Seating w/ upper &amp; lower decks capable of seating between 400-750 depending on meet needs</li> </ul>   |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>Meet Director:</b>                    | Josh Fate – coachfate@gmail.com  |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>Meet Referee:</b>                     | Scott Lang - Scott.lang@mcri-us.com  |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>Officials Contact for the Meet:</b>   | David Brown - dgbcurtis@gmail.com  |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>Entry Chair:</b>                      | Josh Fate – coachfate@gmail.com  |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>COVID Compliance Officer for Meet</b> | Beth Brown - bethanysbrown@yahoo.com   |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>Sanction:</b>                         | <p>In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</p> <p>As a condition of sanction, Sand Otter Swimming agrees to comply and to enforce all COVID-19 health and safety mandates and guidelines (including face covering, social distancing and mass gatherings) of USA Swimming, Ohio Swimming, the State of Ohio, local jurisdictions and the Sand Otter Swimming Meet Plan detailed in this packet. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID-19 sanctioning period.</p>   |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b>Meet Type:</b>                        | Invitational   |              |              |              |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| <b># of Sessions:</b>                    | <p><b>5</b></p> <table> <tr> <td>Friday PM**</td> <td>Warm-ups:</td> <td>4:00-5:00 PM</td> <td>Meet Starts:</td> <td>5:05 PM</td> </tr> <tr> <td>Saturday AM**</td> <td>Warm-ups:</td> <td>8:00-9:00 AM</td> <td>Meet Starts:</td> <td>9:05 AM</td> </tr> <tr> <td>Saturday PM*</td> <td>Warm-ups:</td> <td>1:00-2:00 PM</td> <td>Meet Starts:</td> <td>2:05 PM</td> </tr> <tr> <td>Sunday AM**</td> <td>Warm-ups:</td> <td>8:00-9:00 AM</td> <td>Meet Starts:</td> <td>9:05 AM</td> </tr> <tr> <td>Sunday PM*</td> <td>Warm-ups:</td> <td>1:00-2:00 PM</td> <td>Meet Starts:</td> <td>2:05 PM</td> </tr> </table> <p>*The Afternoon sessions may change based on number of entries received and the projected timeline. Coaches can check the web site on Thursday October 20<sup>th</sup>, 2021.<br/> <b>**The building doors will not open to swimmers or spectators until 15 minutes before the start of the warm-up sessions.</b></p> | Friday PM**  | Warm-ups:    | 4:00-5:00 PM | Meet Starts: | 5:05 PM | Saturday AM** | Warm-ups: | 8:00-9:00 AM | Meet Starts: | 9:05 AM | Saturday PM* | Warm-ups: | 1:00-2:00 PM | Meet Starts: | 2:05 PM | Sunday AM** | Warm-ups: | 8:00-9:00 AM | Meet Starts: | 9:05 AM | Sunday PM* | Warm-ups: | 1:00-2:00 PM | Meet Starts: | 2:05 PM |
| Friday PM**                              | Warm-ups:  | 4:00-5:00 PM | Meet Starts: | 5:05 PM      |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| Saturday AM**                            | Warm-ups:  | 8:00-9:00 AM | Meet Starts: | 9:05 AM      |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| Saturday PM*                             | Warm-ups:  | 1:00-2:00 PM | Meet Starts: | 2:05 PM      |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| Sunday AM**                              | Warm-ups:  | 8:00-9:00 AM | Meet Starts: | 9:05 AM      |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |
| Sunday PM*                               | Warm-ups:  | 1:00-2:00 PM | Meet Starts: | 2:05 PM      |              |         |               |           |              |              |         |              |           |              |              |         |             |           |              |              |         |            |           |              |              |         |

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| <b>Disclaimers</b>   |
| <p>Sand Otter Swimming has taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet.</p> <p>An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.</p> <p>USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.</p> |

By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless USA Swimming and Ohio Swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection herewith.

### Organization Regulations/Waivers

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| <p><b>USA Swimming Rules</b></p>   | <ul style="list-style-type: none"> <li>At a sanctioned competitive event, all USA Swimming athletes must be under the supervision of a USA Swimming member coach. Arrangements for coach supervision must be made in advance of the meet.</li> <li>Any swimmer entered in the meet <u>must</u> be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</li> <li>Use of cameras, cell phones or any other recording device is not permitted immediately behind the starting blocks at either end of the racing course(s) during race starts, competition and warm-ups. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.</li> <li>Deck changes are prohibited.</li> <li>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>Flash photography is not permitted at the start of any race.</li> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (MAAPP) and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> </ul> |
| <p><b>Technical Suit Ban</b></p>   | <p>Per USA Swimming Rule 102.8.1F, 12 &amp; Under athletes may not compete in Technical Suits at this meet.</p> <p>A Technical Suit is one that has the following components:</p> <ul style="list-style-type: none"> <li>Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or</li> <li>Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.</li> </ul>   |
| <p><b>Ohio State Laws that are applicable to Ohio Swimming sanctioned events</b></p> | <ul style="list-style-type: none"> <li>Ohio's Return to Play Law (ORC 3313.539 and ORC 3314.03) requires that coaches and referees either (1) complete a free online training once every three (3) years in recognizing the symptoms of concussion or (2) hold a pupil-activity program permit from the Ohio State Board of Education. Free online concussion training is offered through the National Federation of State High School Association and Centers of Disease Control. Training links can be found at <a href="http://www.swimohio.com">www.swimohio.com</a> under Safe Sport&gt;Concussion.</li> <li>There will be the required number of certified lifeguard(s) on duty at all times at this meet per Ohio Administrative Code 3701-31-04-E-4.</li> </ul>  |
| <p><b>COVID-19 Information</b></p>   | <ul style="list-style-type: none"> <li>Avoid getting closer than six (6) feet to anyone.</li> <li>Wash your hands frequently with soap and water for 20 seconds or use hand sanitizer that has 60-95% alcohol.</li> <li>Avoid touching your eyes, nose, and mouth.</li> <li>Cover your mouth with a tissue or your elbow if you cough or sneeze. Throw the tissue in the trash then wash your hands.</li> <li>Stay home if you are sick, and away from the pool and from fellow team members.</li> </ul>   |
| <p><b>Waiver/Release</b></p>   | <ul style="list-style-type: none"> <li>By entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.</li> <li>All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or OSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.</li> </ul>   |

### Entering the Meet

|                            |   |
|----------------------------|---|
| <p><b>Eligibility:</b></p> | <ul style="list-style-type: none"> <li>All contestants must be currently registered USA Swimming members. Registrations will not be accepted at the meet.</li> <li>All adult athletes must hold current Athlete Protection Training certification.</li> <li>Age on the first day of the meet will determine age for the entire meet.</li> </ul> |
|----------------------------|---|

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|---------------------------------------|--|
| <b>Disability Swimmers:</b>           | <ul style="list-style-type: none"> <li>● Ohio Swimming welcomes swimmers with a disability.</li> <li>● Entry Procedures: <ul style="list-style-type: none"> <li>○ Enter the USA-S swimmers with a disability electronically or on the paper entry form.</li> <li>○ Provide the grouping the swimmer is identified under (P1, P2, P3) and any necessary accommodations.</li> <li>○ List in the email with the electronic entry (or on the paper entry) the swimmer's name, entry times, based on grouping (P1, P2, P3) strokes/distances and days/sessions.</li> </ul> </li> <li>● Preferred seeding is in the swimmer's age group entered event at the same distance with their equivalent non-conforming time to ensure seeding in the initial heats.</li> <li>● See the Ohio Swimming Policy Book for Grouping descriptions (P1, P2, P3).</li> </ul>   |
| <b>Entry Limits<br/>Entry Fees:</b>   | <ul style="list-style-type: none"> <li>● Swimmers may swim a maximum of 5 individual events per day.</li> <li>● \$5 per individual event.</li> <li>● \$5 OH LSC surcharge per swimmer.</li> <li>● \$10 Facility Fee <ul style="list-style-type: none"> <li>○ PDF heat sheets will be provided to all teams ahead of time. No admissions charge.</li> </ul> </li> </ul>   |
| <b>Entry Procedures:</b>              | <ul style="list-style-type: none"> <li>● Deadline for receipt of entries is 10/14/2022</li> <li>● Entries must be submitted in SCY using an electronic meet entry software (Hy-Tek/Team Unify).</li> <li>● Unattached swimmers (not with a team) are encouraged to use Hytek's TM Lite for entry submission. Entries not completed through a team software are subject to a \$25/swimmer surcharge. These fees are due at the time of the entry submission.</li> <li>● Send entries via email to: <a href="mailto:sosmeetentries@gmail.com">sosmeetentries@gmail.com</a></li> <li>● Please include the names of any Outreach swimmers in the email.</li> <li>● Checks should be made payable to: Sand Otter Swimming</li> <li>● "No Time" (NT) entries will be accepted.</li> <li>● The Meet Director reserves the right to limit entries, if necessary, to manage the timeline and number of competitors and spectators at each session.</li> <li>● Entries may be limited to ensure 4 hour timeline.</li> <li>● No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.</li> <li>● On-deck registration will not be permitted the day of the meet.</li> </ul> <p>A valid USA membership card or roster must be presented before the swimmer can deck enter.</p> |
| <b>Warm-up and Safety Guidelines:</b> | <ul style="list-style-type: none"> <li>● The meet host will provide a complete schedule of warm-up procedures to include lane assignments and times, which must be adhered to by all participants. This information will be distributed in advance of the meet.</li> <li>● Warm-ups will be monitored jointly by the Meet Director and Meet Referee (or their special designees).</li> <li>● For the Black Swamp Invitational, all 14 lanes will be assigned lanes based on entries received and coaches will control their lanes for the duration of the warm-up period. Coaches' packets will contain warm-up information and posted on our team website when entries have been closed.</li> <li>● Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck.</li> <li>● Ohio LSC Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet.</li> <li>● No spectators allowed on deck.</li> </ul>   |
| <b>Competition Guidelines:</b>        | <ul style="list-style-type: none"> <li>● This meet will be a timed finals meet.</li> <li>● This meet will be contested in SCY.</li> <li>● This meet will be pre-seeded. Deck Entries will only be accepted to fill empty lanes.</li> <li>● No Clerk of Course will be available for 8 &amp; Under events.</li> <li>● 25s will be swam from the block end of the pool.</li> </ul>   |
| <b>Awards:</b>                        | <ul style="list-style-type: none"> <li>● Awards will be presented to 12&amp;under athletes</li> <li>● Results will be posted during the meet.</li> </ul>   |
| <b>General:</b>                       | <p>Heat sheets will be provided to the other team in PDF format. Parents can print and bring their own heat sheets. (Depending on the number of entries)</p> <p>There will be no concessions.</p>  |

**Facility Information**

|                                     |  |
|-------------------------------------|--|
| <b>Facility Rules and Policies:</b> | No locker room use before or after the meet. Please wear masks at all times and use hand sanitizer at the setup locations. Please sit in the marked areas and only sit immediately next to members of the same household. (Only one spectator per athlete is allowed.) |
| <b>Locker Rooms / Changing</b>      | Available for athletes to change, but there are very limited lockers.  |
| <b>Facility Capacity</b>            | Indicate the planned number of individuals gathering in areas (pool, deck, spectator seating).<br>Spectators: Max 700<br>Swimmers: Max 400   |

| <b>COVID Procedures / Information</b>                             |   |
|---|---|
| <b>Specific COVID Protocols for this Meet</b>                     | Sand Otter Swimming staff will help monitor the number of people on the pool deck throughout the meet and help direct traffic from the entrance to the pool area and then to the exit upon the conclusion of the meet.<br><u>Mask/Cloth Face Covering Wearing Requirements:</u><br>None             |
| <b>Entry and Exit Procedures and Health Screening</b>             | Entry and Exit will be between the pool and the High School via the lobby to the pool.  |
| <b>Athlete Seating Areas</b>                                      | Athletes will sit on the benches around the pool, wrestling room and/or upstairs classrooms.  |
| <b>Swimmer Limitations and Protocols</b>                          | None  |
| <b>Spectator Limitations and Protocols</b>                        | Safety Marshal will have primary responsibility for maintaining guidelines.<br>Spectators will be permitted to use the lobby restrooms<br><b>THESE PROTOCOLS WILL BE ADHERED TO OR YOU WILL BE DISQUALIFIED FROM THE COMPETITION.</b>   |
| <b>Parental Access and Safe Sport Considerations for Athletes</b> | Should a parent need to access a child who is on deck, the child will be brought to the parent. In case of an emergency, the parent may be escorted to the athlete.<br>Sand Otter Swimming will encourage parents to volunteer during the swim meet to reduce the number of people in the facility. |

New Entrance:



| 2021 Black Swamp Invitational |                             |      |
|-------------------------------|-----------------------------|------|
| Girls                         | Friday PM                   | Boys |
| 101                           | Open 400 IM                 | 102  |
| 103                           | 12 & Under 200 IM           | 104  |
| 105                           | Open 200 Breast             | 106  |
| 107                           | Open 200 Fly                | 108  |
| 109                           | 10 & Under 200 Free         | 110  |
| 111                           | Open 200 back               | 112  |
| 113                           | Open 1000 Free              | 114  |
| Girls                         | Saturday AM                 | Boys |
| 201                           | 10 & Under 100 Free         | 202  |
| 203                           | 8 & Under 50 Free           | 204  |
| 205                           | 11-12 Girls 100 Free        |      |
| 206                           | 10 & Under 50 Back          | 207  |
| 208                           | 8 & Under 25 Back           | 209  |
| 210                           | 11-12 Girls 50 Back         |      |
| 211                           | 8 & Under 100 IM            | 212  |
| 213                           | 10 & Under 100 IM           | 214  |
| 215                           | 11-12 Girls 100 IM          |      |
| 216                           | 10 & Under 50 Fly           | 217  |
| 218                           | 8 & Under 25 Fly            | 219  |
| 220                           | 11-12 Girls 50 Fly          |      |
| 221                           | 10 & Under 100 Breast       | 222  |
| 223                           | 11-12 Girls 100 Breast      |      |
| 224                           | 8 & Under 100 Free Relay    | 225  |
| 226                           | 10 & Under 200 Free Relay   | 227  |
| 228                           | 11-12 Girls 200 Free Relay  |      |
| Girls                         | Saturday PM                 | Boys |
| 301                           | Open Mixed 200 Medley Relay | 301  |
|                               | 11-12 Boys 100 Free         | 302  |
| 303                           | Open 100 Free               | 304  |
|                               | 11-12 Boys 50 Back          | 305  |
| 306                           | Open 50 Back                | 307  |
|                               | 11-12 Boys 100 IM           | 308  |
| 309                           | Open 200 IM                 | 310  |
|                               | 11-12 Boys 50 Fly           | 311  |
| 312                           | Open 50 Fly                 | 313  |
|                               | 11-12 Boys 100 Breast       | 314  |
| 315                           | Open 100 Breast             | 316  |
|                               | 11-12 Boys 200 Free Relay   | 317  |
| 318                           | Open 200 Free Relay         | 319  |
|                               | Open 500 Free               | 320  |
| Girls                         | Sunday AM                   | Boys |
| 401                           | 10 & Under 100 Fly          | 402  |
| 403                           | 11-12 Girls 100 Fly         |      |
| 404                           | 8 & Under 25 Breast         | 405  |
| 406                           | 10 & Under 50 Breast        | 407  |
| 408                           | 11-12 Girls 50 Breast       |      |

|              |                              |             |
|--------------|------------------------------|-------------|
| 409          | 8 & Under 100 Free           | 410         |
| 411          | 11-12 Girls 200 Free         |             |
| 412          | 10 & Under 100 Back          | 413         |
| 414          | 11-12 Girls 100 Back         |             |
| 415          | 8 & Under 25 Free            | 416         |
| 417          | 10 & Under 50 Free           | 418         |
| 419          | 11-12 Girls 50 Free          |             |
| 420          | 8 & Under 100 Medley Relay   | 421         |
| 422          | 10 & Under 200 Medley Relay  | 423         |
| 424          | 11-12 Girls 200 Medley Relay |             |
| <b>Girls</b> | <b>Sunday PM</b>             | <b>Boys</b> |
| 501          | Mixed 200 Free Relay         | 501         |
|              | 11-12 Boys 100 Fly           | 502         |
| 503          | Open 100 Fly                 | 504         |
|              | 11-12 Boys 50 Breast         | 505         |
| 506          | Open 50 Breast               | 507         |
|              | 11-12 Boys 200 Free          | 508         |
| 509          | Open 200 Free                | 510         |
|              | 11-12 Boys 100 Back          | 511         |
| 512          | Open 100 Back                | 513         |
|              | 11-12 Boys 50 Free           | 514         |
| 515          | Open 50 Free                 | 516         |
|              | 11-12 Boys 200 Medley Relay  | 517         |
| 518          | Open 200 Medley Relay        | 519         |
| 520          | Open 500 Free                |             |

**Note:**

- We will separate individual results by the following age groups for scoring: 15+Over and 13+14. We just want to ensure that we provide the best competition available for each Open event.
- 11+12 Girls swim in AM Sessions, 11+12 Boys swim in PM Sessions

## Summary of Fees/Release Form 2021 Black Swamp Invitational

### Waiver, Acknowledgement and Liability Release:

I, the undersigned coach, or team representative, verify that all the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Ohio Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Sand Otter Swimming, Fremont Ross High School, Fremont City Schools, Ohio Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

|  |        |
|--|--------|
| Team:                                    | Code:  |
| Head Coach Name:                         | Email: |
| Team Representative's Name<br>(printed): |        |
| Team Representative's<br>Signature:      | Date:  |

| Meet Entry Summary   |
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| Number of outreach swimmers attending the meet:  |
| Number of Outreach individual Events:  |
| List names of Outreach Swimmers attending the meet:  |
|  |
| Number of Swimmers (do not include Outreach) x \$15 per swimmer (\$5 LSC fee + \$10 Facility) = \$ |
| Number of Individual Events (do not include Outreach) x \$5.00 per event = \$                      |
| Number of Relay Events x \$8.00 per event = \$   |
| Total Amount Remitted: \$  |

A paper copy of your entries must be sent along with your check and this page.  
 Make checks payable to: Sand Otter Swimming  
 ENTRY DEADLINE: Tuesday, Oct. 15th, 2021 by 8:00 PM