

2023 Lake Erie Short Course 14 & Under Age Group Championships
Hosted by LESI
March 10-13, 2023

Held under USA Swimming Sanction # LE 23058 SS

Time Trials Sanction #LE 23059 SS

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting this sanction, LESI agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LE, the State of Ohio and Cuyahoga County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

LESI will follow the masking guidelines of Cuyahoga County and Cleveland State University. Final mask guidelines for the meet will be in the final meet/warmup information posted the week of the meet. Failure to comply with the mandated policy will result in removal from the facility with no refund. Should masks be required, ALL Coaches, Spectators, Volunteers, Officials, and Swimmers are required to wear masks at all times, regardless of vaccination status, except when swimmers are swimming.

Swimmers should have a ziplock bag or “Tupperware” container to house their masks while swimming.

MEET EVENT PAGE:

<https://www.teamunify.com/team/ohfa/controller/cms/admin/index?team=ohfa#/news-admin/current/519262>

LOCATION:

Robert F. Busbey Natatorium, Cleveland State University, 2451 Euclid Avenue, Cleveland, OH 44115

POOL:

25 yards by 10 lanes, Colorado timing system, and 10 lanes digital readout scoreboard with ample locker room space and balcony seating for spectators; Continuous warm-up and warm-down pool available in the non-competitive end of the pool. The depth of the pool at both the start end and turn end is 12 feet. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

RACING STARTS:

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

STARTING TIMES:

- **Friday:**
 - Warmups: 4:45-5:30pm
 - Competition begins: 5:35pm
- **Saturday AM:**
 - Warmups: 8:00am-9:00am
 - Competition begins: 9:05am
- **Saturday Finals:** Warmup/Start Time will be posted on lakeerieswimming.com after the entry deadline
- **Sunday AM:**
 - Warmups: 8:00am-9:00am
 - Competition begins: 9:05am
- **Sunday Finals:** Warmup/Start Time will be posted on lakeerieswimming.com after the entry deadline

NOTE:
**Daylight Savings-
Saturday to Sunday**

ENTRY DEADLINE:

- **All entries must have been received no later than Tuesday, February 28 at 11:59pm**
- **A hard copy must be included with the electronic entry with Bonus events clearly marked**
- Non-qualifying swimmers entered to fill out A relays should be listed individually with USA ID with the entry email and listed in the relay they intend to participate in
- Payment must be postmarked by Friday, March 4, 2022 and received by Monday, March 7, 2022 or brought to the meet.
 - Send entries to: LEJOentries@hotmail.com
 - Payments and hard copy should be mailed to
 - Firestone Akron Swim Team/ATTN: Carl Shallenberger
470 Castle Blvd
Akron, Oh 44313

TEAM SUPERVISION:

Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RETURN TO PLAY LAW:

Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

ENTRY FEES:

\$7.00 per individual entry
\$12.00 per relay entry
\$3.00 Lake Erie Surcharge
\$2.00 Handling fee for paper entry up to 5 swimmers per entry
Make checks payable to: LESI

ENTRY LIMITATIONS:

Swimmers may enter as many events as they qualify, but **MUST scratch down** to no more than 3 individual events per day, including bonus events and no more than 8 individual events for the meet, **by Wednesday, March 8, 2023 at 11:59pm.**

- **13-14 50 Back, 50 Breast, 50 Fly** must be entered using the swimmer's 100 time & must be equal to or faster than the NAG 'BB' Standard or entered as one of their Bonus events. 50's of strokes do count towards the daily total of allotted number of events.

BONUS EVENTS

Swimmers are eligible for bonus events. Swimmers may swim one bonus event per qualifying event, up to max number of events. Swimmers must have a legal time to enter event. Bonus events are for 200-yard and below events only. Swimmers entering bonus events should be entered at their actual time. **Please be certain to indicate that the event being entered is a bonus event.**

RELAYS:

- Teams may enter two (2) relays per event, both relays can score
- Teams may bring up to two (2) non-qualifying swimmers to fill out A relays. Those teams with non-qualifying swimmers in a relay event are not permitted to enter a B relay in that event.
- Non-qualifying swimmers must be marked on the entry by listing their name in the relay, along with their name listed in the entry email.
Non-qualifying swimmers may swim one (1) Bonus individual event (50-or 100-yard events only) on each day they participate in the relay
- Please list relay names on the entry. Names/orders can be changed at the meet

PSYCH SHEET/SCRATCH DEADLINE:

Psych Sheets: Posted Monday, March 6, 2023:

<https://www.teamunify.com/team/ohfa/controller/cms/admin/index?team=ohfa#/news-admin/current/519262>

SEEDING & CHECK-IN:

- All events 200yds and less will be pre-seeded.
- All swimmers in the 1650 Free, 400 IM, 1000 Free, and 500 Free must positively check-in for those events at least 45-minutes prior to the start of their session. Positive check-in sheets will be posted on the windows outside the locker rooms.
- Relays will be positive check-in. Relay cards must be turned upon call from Admin.
- In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.
- The entry fees paid for scratched events are NOT refundable.
- **Scratch Deadline:** Wednesday, March 8, 2023 at 11:59pm to LEJOentries@hotmail.com
 - Swimmers who do not plan to swim an event/meet or need to scratch down to the permitted number of events must do so by this date. Swimmers entered in too many events who have not scratched down by the deadline will have their excess events scratched by meet personnel.

DIGITAL HEAT SHEETS: Heat Sheets will be posted and emailed to entry chairs on Thursday, March 9:

<https://www.teamunify.com/team/ohfa/controller/cms/admin/index?team=ohfa#/news-admin/current/519262>

Heat sheets will not be sold at the meet and will be available on Meet Mobile and the Event website. Distance events will be given to the coaches after the deadline and seeding of events.

DECK ENTRIES:

Deck entries will be permitted on a space available basis. Deck entries are required to show proof of time and must meet the qualifying standard of 2021-2024 NAG BB or faster standards. Deck entries will **NOT** be taken for Bonus events. Swimmers new to the meet must show proof of USA Swimming membership. On-deck membership registration will not be available.

\$14.00 per individual entry

\$24.00 per relay entry

\$3.00 Lake Erie Surcharge, if not already in the meet

ELIGIBILITY:

Swimmers must be current athlete members of LESI, be 14 years of age or younger, and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must check in for each day or session they attend. All coaches must display the deck pass issued by the meet host (**wristband is required to be worn by all coaches**). Age is as of the first day of the meet: March 10, 2023.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

QUALIFYING TIMES:

Please see the event listings. Time standards are the 2021-2024 NAG 'BB' for qualifying events. The conforming course is 25 yards. Swimmers must be equal to or faster than the cuts listed. There are no qualifying times for bonus events. Enter at either short course yards (Y), Short Course Meters (S) or long course meters (L) times. **Converted times may not be used.** Times will be seeded in the order of SCY, LCM, SCM. All swimmers must have an actual time (proof of time may be required) to enter a qualifying or bonus event-NT is not acceptable. Individual entries with NT will NOT be processed and space will not be saved.

- 13-14 50 Back, 50 Breast, 50 Fly must be entered using the swimmer's 100 time & must be equal to or faster than the NAG 'BB' Standard or entered as one of their Bonus events.

Proof of Time must be in SWIMS in order to enter an event.

Lake Erie Swimming mandates the following: Swimmers should enter an event only if they have achieved the listed time standard for that event, or bonus event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice.

SWIMMERS WITH A DISABILITY:

Qualifying times for 50s are waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT:

The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. Events will be contested in a 25-yard course. The Lake Erie scratch rule (attached) will be in effect. All individual events on Saturday and Sunday are P/F except as noted below under each meet day.

- Finals 12U will be Top 20 for all prelim/final events, in which a minimum of 20 swimmers are seeded, otherwise Top 10; 500 Free is Timed final with 10 fastest seeded swimming with finals
- Finals 13/14 will be Top 20 for all prelim/final events; 500 Free is Timed Final with 10 fastest seeded swimming with finals
- B Final will swim first, followed by the A Final
- All relays are timed finals and will be swum in the prelim sessions.

Friday:

- All events are timed finals
- The 400 IM and 1650 freestyle will each be swum in this order: ten fastest seeded 12U girls, ten fastest seeded 12U boys, ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc. Both the 400 IM and 1650 free will be scored separately by age group (12U, 13/14).

Saturday:

- The 500 Free will be timed finals, swum slowest to fastest with the fastest ten seeded of each age group swimming at finals. Swimmers may indicate their preference to swim in the preliminary session. The swimmers should CLEARLY write "P" next to the event when they check-in if they desire to swim in preliminaries. The top 10 swimmers who state no preference shall be seeded to compete in the finals.

Sunday:

- The 1000 Free will be a timed final swum in prelims in this order: ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, ten fastest seeded 12U girls, ten fastest seeded 12U boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc. The 1000 free will be scored separately by age group (12U, 13/14).

DISTANCE EVENTS

Swimmers entered in the 500/1000/1650 free must provide their own counter. 1000/1650 Free should provide their own timer.

SCORING:

- Top 20 places by gender/by age group.
 - INDIVIDUAL: 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1
 - RELAYS: 48-42-40-38-36-34-32-30-28-26-22-18-16-14-12-10-8-6-4-2

AWARDS:

- **Individual Awards** (12U, 13-14) 1st-5th medals, 6-10th ribbons
- **Relay Awards** (12U, 13-14) 1st-3rd medals, 4th-5th ribbons
- **High Point and Runner-up Awards:** 12U and 13-14; Girls and Boys
- Awards will be presented after every series of events

DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ADMISSION COST:

\$5.00 per spectator per session.
65 & Over/5 & Under are free.

PARKING:

CSU charges for event parking (est. \$10 per day). Parking lots are available at the corner of Chester and E. 22nd Street or on Euclid Ave and E. 24th Street. City of Cleveland meter parking is free all day Sunday on Chester Avenue. Cleveland State University meter parking is available on a very limited basis.

RESULTS: Results will be available on the www.lakeerieswimming.com.

TIME TRIALS: Time Trials may be offered, if time permits. Time Trials count as one of the 3 individual events per day/8 event maximum for the meet. Information regarding time trials will be in the warm-up information posted prior to the meet. Time Trials are for qualifying swimmers only.

SAFETY/WARM-UP:

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner by carefully stepping into the water or using the 3-point entry with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes shall be conducted as follows:

- (a) Lanes 1 & 10 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 9 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- (c) Lanes 3-8 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Feet first entry only into the continuous warm-up lanes.

CAMERA ZONES:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

DECK CHANGES:

Deck changes are prohibited.

INITIAL DISTANCE:

In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

12 & UNDER APPROVED SUITS: The tech suit restrictions set forth by USA Swimming, went in effect for 12-and-under swimmers September 1, 2020. [Click here](#) for a complete list of the suits that will be **allowed** for athletes 12 and under. Please make sure your suit is approved before wearing it to a meet.

OFFICIATING OPPORTUNITY:

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible, to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Kristin MacPhail kmacphailswim@gmail.com

Official's Chair: Jen Butler jle3@case.edu

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEDICAL SUPERVISION: Lifeguards and a Meet Safety Director will be present during the meet.

MEET DIRECTORS: Kristin MacPhail kmacphailswim@gmail.com
Carl Shallenberger firestoneninja@gmail.com
Erin Crabtree LEJOentries@hotmail.com

SAFETY DIRECTOR: Heather Jimenez

ENTRY PERSON: Erin Crabtree LEJOentries@hotmail.com

DIRECTIONS: From I-77 NORTH, follow signs to I-90 east to E. 22nd street exit, follow E. 22nd north (left) to Euclid or Chester. From I-90 east or west, exit at Chester Ave., park on Chester or Euclid. From Ohio Turnpike, take I-77 or I-71 north to I-90 east (see above). Use the CSU Rec. center address: 2420 Chester Ave. Cleveland, OH on your GPS.

SPECTATOR EMERGENCY EVACUATION PLAN

In the event of an alarm or an emergency requiring evacuation:

Remain calm, walk to the nearest exit, and leave the building.

Do not use the elevators.

Do not attempt to go on deck or into the locker rooms

Swimmers will be directed by their coaches or meet workers to STILLWELL HALL ON THE WEST SIDE OF THE BUILDING (the scoreboard is on the west wall of the pool).

VENDORS:

Cleveland State will have their concession stand open on the spectator level.

Aquatic Outfitters will be on site with a store and meet t-shirts for sale.

Pre-sale shirts will be sold and can be picked up on-site at their table throughout the meet:

Please visit the LE website for Pre-sale information.

VOLUNTEER ASSIGNMENTS:

This is a Lake Erie sponsored meet. Every club that participates in the meet is expected to provide volunteer meet workers. Volunteer assignments for each team will be posted on the LESI website, www.lakeerieswimming.com, by **MONDAY, MARCH 6, 2023**. Assignments will not be emailed to individual club members or coaches. Each team is required to fill all of their volunteer assignments. Should a club fail to fulfill its work responsibilities; a \$100 fine **per worker per session** will be levied. Volunteer check in will be located in the back hallway on the pool level near the locker rooms.

**Qualifying Times
2021-2024 NAG "BB" Standards**

12 & Under

	GIRLS				BOYS	
SCM	LCM	SCY		SCY	LCM	SCM
34.69	35.69	31.29	50 Free	30.29	34.69	33.39
1:15.49	1:18.09	1:08.29	100 Free	1:05.89	1:15.49	1:12.89
2:45.39	2:49.19	2:28.99	200 Free	2:23.49	2:44.89	2:39.79
5:48.69	5:56.49	6:38.19	500/400 Free	6:27.49	5:48.69	5:39.09
12:01.69	12:26.69	13:44.69	1000/800 Free	13:30.19	12:15.19	11:49.09
22:59.19	23:55.39	23:07.29	1650/1500 Free	22:37.49	23:25.49	22:29.59
39.29	40.79	35.39	50 Back	34.99	40.39	38.99
1:26.69	1:30.99	1:18.09	100 Back	1:15.69	1:27.99	1:23.69
3:01.29	3:09.89	2:43.99	200 Back	2:39.69	3:05.19	2:57.19
44.19	45.49	39.99	50 Breast	39.49	45.19	43.69
1:36.59	1:40.89	1:27.19	100 Breast	1:24.49	1:38.39	1:34.39
3:28.39	3:35.99	3:06.59	200 Breast	3:00.19	3:28.69	3:19.99
37.69	38.29	33.89	50 Fly	34.19	38.59	37.79
1:26.49	1:28.49	1:17.59	100 Fly	1:16.09	1:26.29	1:24.49
3:05.59	3:10.19	2:47.19	200 Fly	2:40.79	3:06.19	3:01.19
1:26.59	-	1:18.09	100 IM	1:14.99	-	1:22.89
3:05.39	3:11.39	2:47.29	200 IM	2:43.99	3:08.49	3:01.49
6:34.19	6:48.29	5:56.79	400 IM	5:46.39	6:39.19	6:22.79

13 & 14

	GIRLS				BOYS	
SCM	LCM	SCY		SCY	LCM	SCM
33.49	34.49	30.19	50 Free	27.79	31.99	30.79
1:12.69	1:14.79	1:05.49	100 Free	1:00.89	1:09.89	1:07.29
2:37.19	2:41.79	2:21.29	200 Free	2:12.79	2:32.29	2:26.69
5:32.69	5:54.59	6:18.69	500/400 Free	5:58.99	5:24.09	5:14.19
11:24.19	11:41.99	13:01.79	1000/800 Free	12:23.89	11:13.99	10:51.09
21:35.69	22:23.09	21:43.19	1650/1500 Free	20:43.19	21:27.39	20:35.99
**	**	**	50 Back	**	**	**
1:19.19	1:23.59	1:11.19	100 Back	1:06.39	1:17.89	1:13.89
2:51.69	2:58.69	2:34.89	200 Back	2:25.09	2:49.09	2:41.19
**	**	**	50 Breast	**	**	**
1:30.99	1:34.79	1:21.69	100 Breast	1:15.49	1:28.09	1:23.49
3:16.99	3:23.99	2:57.29	200 Breast	2:43.99	3:10.79	3:02.99
**	**	**	50 Fly	**	**	**
1:18.89	1:20.39	1:10.89	100 Fly	1:06.09	1:15.49	1:13.29
2:54.49	2:59.19	2:36.89	200 Fly	2:26.89	2:47.99	2:42.49
2:55.89	3:01.79	2:37.59	200 IM	2:28.49	2:51.39	2:44.19
6:15.39	6:25.89	5:37.59	400 IM	5:17.09	6:04.69	5:50.69

**Must have 100 cut time or swim as Bonus event

FRIDAY MARCH 10, 2023

Lake Erie Age Group Championships

Warmups: 4:45-5:30pm

Competition begins: 5:35pm

Girls #	Age Group/Stroke	Boys #
1	13-14 200 Medley Relay	2
3	14U 400 IM*	4
5	13-14 200 Free Relay	6
7	14U 1650 Free*	8

*These events are not eligible as Bonus Events

- All events Friday night are timed finals
- The 400 IM and 1650 freestyle will be swum in this order: ten fastest seeded 12U girls, ten fastest seeded 12U boys, ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc.

SATURDAY, MARCH 11, 2023

Lake Erie Age Group Championships

Warmups: 8:00-9:00am

Competition Begins: 9:05am

Girls #	Age Group/Stroke	Boys #
9	12U 100 IM	10
11	13-14 50 Free	12
13	12U 50 Free	14
15	13-14 100 Fly	16
17	12U 100 Fly	18
19	13-14 50 Breast	20
21	12U 50 Breast	22
23	13-14 200 Free	24
25	12U 200 Free	26
27	13-14 100 Back	28
29	12U 100 Back	30
31	13-14 200 Breast	32
33	12U 200 Breast	34
35	13-14 400 Free Relay@	36
37	12U 200 Free Relay@	38
39	13-14 500 Free*@	40
41	12U 500 Free*@	42

*These events are not eligible as Bonus Events

@Event is Timed Final

- The 500 Free will be timed finals, swum slowest to fastest with the fastest ten seeded of each age group swimming at finals. Swimmers may indicate their preference to swim in the preliminary session. The swimmers should CLEARLY write "P" next to the event when they check-in if they desire to swim in preliminaries. The top 10 swimmers who state no preference shall be seeded to compete in the finals.
- Finals events will run in numerical order, minus the relays that are timed finals in prelims (Events 35-38)

SUNDAY, MARCH 12, 2023

Lake Erie Age Group Championships

Warmups: 8:00-9:00am

Competition Begins: 9:05am

Girls #	Age Group/Stroke	Boys #
43	13-14 200 Fly	44
45	12U 200 Fly	46
47	13-14 50 Back	48
49	12U 50 Back	50
51	13-14 200 IM	52
53	12U 200 IM	54
55	13-14 100 Free	56
57	12U 100 Free	58
59	13-14 50 Fly	60
61	12U 50 Fly	62
63	13-14 200 Back	64
65	12U 200 Back	66
67	13-14 100 Breast	68
69	12U 100 Breast	70
71	13-14 400 Medley Relay@	72
73	12U 200 Medley Relay@	74
75	14U 1000 Free*@	76

*These events are not eligible as Bonus Events
@Event is Timed Final

- The 1000 Free will be a timed final swum with all heats swum in prelims in this order: ten fastest seeded 13-14 girls, ten fastest seeded 13-14 boys, ten fastest seeded 12U girls, ten fastest seeded 12U boys, next ten fastest 14U year-old girls, next ten fastest 14U year-old boys, etc.
- Finals events will run in numerical order (43-70)

2023 Lake Erie Short Course Age Group Championships
Hosted by LESI
March 10-12, 2023

Meet Entry Summary Page

Team Name: _____

Team Code: _____ LSC Code: _____

Contact Person: _____

Phone: _____

Email _____

Address: _____

City: _____ State: _____ Zip _____

_____ (Total # of entries) X \$7.00 (Entry fee) = \$ _____

_____ (Total # of relay) X \$12.00 (Entry fee) = \$ _____

_____ (Total # swimmers) x \$3.00 LE Surcharge= \$ _____

_____ (Total # of swimmers) X \$2.00 (handling fee for paper entries)
(5 swimmers or less only) \$ _____

TOTAL AMOUNT REMITTED: \$ _____

Swimmers will be without a coach on deck:

Friday: _____

Saturday AM: _____ Saturday PM: _____ Saturday Finals: _____

Sunday AM: _____ Sunday Finals: _____

I have arranged for my swimmer/s to be supervised by _____.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND LAKE ERIE SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: _____ (Coach or member team representative)

DATE: _____

Make checks payable to: LESI

Please note: All entries submitted with this sheet should be covered by a single check.

DEADLINE FOR RECEIPT OF ENTRIES AND HARD COPY IS February 28 at 11:59 pm. Checks must be received by March 7 or brought to the meet if unable to arrange for receipt by March 7.

This sheet must accompany all entries including HY-TEK electronic entries, hard copy & check

Mail to:

Firestone Akron Swim Team

Attn: Carl Shallenberger

470 Castle Blvd

Akron, OH 44313

**LAKE ERIE SWIMMING, INC.
SCRATCH RULE**

- 1) Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.
- 2) **Pre-Seeded Event:** Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.
- 3) **Events Seeded on the Deck-**
 - a) Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and fax) for swimmers who do not plan to arrive before the scratch deadline.
 - b) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
 - c) Any agent of a team (coach, parent, swimmer, etc) who check in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against the team, as the discretion of the Meet Referee.
 - d) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmers the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the check-in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- 4) **Scratching from Finals**
 - a) Any swimmer qualifying for a bonus, consolation, or championship final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete". If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined \$25.00 by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.
 - b) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the bonus, consolation, or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with final qualifiers. These alternates shall not be penalized if unavailable to compete at finals.
 - c) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
 - d) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- 5) **Exceptions for Failure to Compete:** No penalty shall apply for failure to withdraw or compete in an individual event if
 - a) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - b) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within 30 minutes after the announcement of the qualifiers for that race that the

swimmer may not intend to compete. The swimmer must declare with 30 minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.

- c) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.**

