## CCS AGE GROUP AND OPEN SWIM MEET

### Sponsored by CANTON CITY SCHOOLS OCTOBER 8 – 10, 2021 Held under USA Swimming Sanction #LE 21007 SS

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting for this sanction, Canton City Schools agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, LE, the State of Ohio and Stark County (local jurisdiction).

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND LE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

#### **COVID PROTOCOLS:**

Canton City Schools are requiring masks to be worn in all buildings on Campus; therefore, ALL COACHES, SPECTATORS, VOLUNTEERS, OFFICIALS AND SWIMMERS ARE REQUIRED TO WEAR MASKS AT ALL TIMES EXCEPT WHEN SWIMMERS ARE SWIMMING. Swimmers should have a ziplock bag or "Tupperware" container to house their mask while swimming. Also, please maintain 3 feet of social distancing.

#### LOCATION:

C.T. Branin Natatorium, 1715 Harrison Ave NW, Canton, OH 44708 (Next to the Pro Football Hall of Fame)

#### POOL:

25 yards by 8 lanes, Colorado Timing system with digital scoreboard. Ample spectator seating. Site the Ohio High School State Swimming and Diving Championships. The depth of the pool at the start end is 9 feet, 0 inches. The depth at the turn end is 7 feet, 0 inches. Warm-up/warm-down will be available in the non-competition end of the pool.

#### **RACING STARTS:**

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### STARTING TIMES:

Friday: Warm-ups will begin at 4:45 pm; Warm-ups will last 45 minutes; Meet will begin at 5:35 pm.

Both Saturday and Sunday morning session warm-up will be 7:45 – 8:30 a.m., with competition starting at 8:35 a.m. Warm-ups shall be 45 minutes each session and may be split if the average number of swimmers per lane is scheduled to exceed USA Swimming's recommended number of athletes per lane. Sessions/Events may be split or combined depending on the number of entries. The meet will start after a 45-minute warm-up session. Estimated afternoon start times will be posted on the www.lakeerieswimming.com web sites by Wednesday, Oct. 6, 2021

#### ENTRY DEADLINE:

Entries will NOT be accepted before Monday, September 20, 2021 at 9:00 p.m. so please do not send your entry until Monday, September 20, 2021. It is suggested that you sync your computer time with the official U.S. time clock found at <a href="http://www.time.gov/">http://www.time.gov/</a> or <a href="http://www.time.gov/">www.time.is</a> prior to submitting your entries. The due date for entries, electronic or otherwise is September 29, 2021. The meet will be closed before the entry deadline if the sessions are estimated to be at four hours, so mail early. Electronic entries should be emailed to <a href="http://ccsmeetentries@gmail.com">ccsmeetentries@gmail.com</a>. Hard copy, meet summary sheet, and check must be received by October 1, 2021. Payments should be made payable to Swim CCS and mailed to Joan Rehfus. c/o CT Branin Natatorium, 1715 Harrison Ave NW, Canton, Ohio 44708.

Entries should be sent to Sarah Tobin at <u>ccsmeetentries@gmail.com</u>; Phone: 440-552-7023. Please send an email with your entries as well as a hard copy.

#### **TEAM SUPERVISION:**

Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

#### **RETURN TO PLAY LAW:**

Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <a href="https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining">https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining</a>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

#### ENTRY FEES:

The 1650 Free on Friday is \$12.00; Individual events on Saturday & Sunday are \$6.00; and a \$3.00 per swimmer LESI surcharge. There is a \$2.00/swimmer handling fee for entries not received in an electronic file. Make checks payable to **Swim CCS** and mailed to Joan Rehfus. c/o CT Branin Natatorium, 1715 Harrison Ave NW, Canton, Ohio 44708.

#### ENTRY LIMITATIONS:

Swimmers may enter one (1) event on Friday and three (3) individual events on Saturday and Sunday.

#### DECK ENTRIES:

Deck entries will NOT be accepted.

#### ELIGIBILITY:

Swimmers must be current athlete members of USA Swimming. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, October 8, 2021. On deck USA Swimming registration will not be available for coaches or swimmers.

# All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

#### QUALIFYING TIMES:

No qualifying times for this meet, except the 13 & Over 500 Free. NAG B (13-14) time standards apply to this event. Swimmers must be equal to or faster than the time listed for this event.

#### SWIMMERS WITH A DISABILITY:

Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about

special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

#### CONDUCT:

The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25 yard course and will be timed finals. Heats may be limited in the 1650 Free, 400 IM and 500 Free. Teams will be notified of swimmers who are closed out Monday before the meet. They may either enter swimmers in another event or receive a refund. The 1650 Free is mixed and will be swum fastest to slowest. The 13 & Over 500 free will be swum fastest to slowest, alternating girls and boys and will be scored as 13-14 and 15 and over. The 12 & Under 500 free will be swum fastest to slowest, alternating girls and boys and will be scored 11-12 and 10 and under. All other events will be swum slowest to fastest.

#### **SEEDING & CHECK IN:**

All individual events will be deck seeded according to USA Swimming Rules. All relay events will be seeded on deck. All swimmers must check-in at least 30 minutes prior to the start of their session. Check-in sheets will be posted on the pool deck under the scoreboard by the diving well. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately. The Lake Erie scratch rule (attached) will be in effect.

#### CLERK OF COURSE:

A Clerk of Course will not be provided.

#### SCORING: 1st - 8th

INDIVIUAL: 9-7-6-5-4-3-2-1 RELAYS: 18-14-12-10-8-6-4-2

AWARDS:	Individual Events:	Medals: First - Third	Ribbons: Fourth - Eighth
	Relay Events:	Medals: First	Ribbons: Second - Third
	Awards for 12 & Und	er events only	

ADMISSION COST: \$6.00 per spectator (kids 10 & Under and Seniors 65 & older free) Digital psych sheets will be emailed prior to the meet.

#### CONCESSIONS:

Concessions will be available during the meet.

#### **RESULTS**:

Results will be posted on www.lakeerieswimming.com website.

#### TIME TRIALS:

Will not be offered.

#### SAFETY/WARM-UP:

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. Swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool edge from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of a 45-minute warm-up shall be conducted as follows:

- a. Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the direction of the Meet Referee or his/her designee.)
- b. Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- c. Lanes 3 6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to spring lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. A continuous warm up pool will be available.

#### CAMERA ZONES:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

#### DRONES:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

#### DECK CHANGES:

Deck changes are prohibited.

#### **INITIAL DISTANCE:**

In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

#### **OFFICIATING OPPORTUNITY:**

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact the meet director, Russ Hunt or LESI's Officials Chair, Jen Butler in advance of the meet if at all possible to let either know of your availability. The meet director's and Official's Chair contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director:	Russ Hunt	rhunt.27@gmail.com
Official's Chair:	Jen Butler	jbutler@case.edu

#### COACHES:

Coach's check in and relay cards will be available at the office located in the main hallway by the front entrance doors.

#### NOTE:

Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR:	Russ Hunt	614-805-3389	rhunt.27@gmail.com
ENTRY PERSON:	Sarah Tobin	440-552-7023	ccsmeetentries@gmail.com

#### DIRECTIONS:

From the North: Exit I-77 at Fulton Road exit. Continue across Fulton about 4 blocks to dead-end. Turn left toward I-77. Turn left into McKinley High School complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

From the South: Exit I-77 at 13<sup>th</sup> (Mercy Hospital) exit. Turn left under I-77 to second light (Broad Ave). Right on Broad to 17<sup>th</sup> Street. Right on 17<sup>th</sup> about three blocks. McKinley High School is on the left with parking lot in front. Turn left in the complex. The Natatorium is on your right. Find a place to park in McKinley parking lot.

#### **Emergency Evacuation Procedure**

#### Swimmers & Coaches on Deck:

Exit through pool deck doors on the South and West Exit signs.

#### Spectators: North Bleachers -

Exit down the stairs on the North stairwells to the exit signs on the North end of the building.

West Bleachers - Exit down stairwells on the west side and exit out west exit signs.

East Bleachers – Exit down east or north stairwells and exit north of south exit doors.

## Friday October 6, 2021 4:45 pm Warm-up; 5:35 pm Meet Start (Timed Finals)

Mixed Girls and Boys will swim together	Age/Stroke
1	Open 1650 Free

1650 Free – Heats may be limited Will be mixed and swum fastest to slowest

Swimmers will need to provide their own counters. It would helpful if swimmers could provide their own timer.

## Saturday AM October 7, 2021 7:45 am Warm-ups; 8:35 am Meet Start (Timed Finals)

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		10 & Under		
2		200 IM		3
6		50 FREE		7
10		100 FLY		11
14		100 BREAST		15
18		100 BACK		19
		11 and 12		
4		200 IM		5
8		50 FREE		9
20		100 FREE		21
		12 & Under		
12		200 BREAST		13
16		200 BACK		17

Afternoon warm up will begin 15 minutes after the conclusion of the morning session. Meet begins after 45-minute warm-up. Afternoon warm-up times will be posted on <u>www.lakeerieswimming.com</u> (Timed Finals)

Girls #	Cutoff Time No qualifying times except 500 free	Age Group/Stroke	Cutoff Time No qualifying times except 500 free	Boys #
		13 & 14		
22		200 IM		23
26		100 FREE		27
30		200 FLY		31
34		100 BREAST		35
38		200 BACK		39
		15 & Over		
24		200 IM		25
28		100 FREE		29
32		200 FLY		33
36		100 BREAST		37
40		200 BACK		41
42		13 & OVER		43
	13 – 14 6:47.79 15 & O 6:40.59	*500 FREE***	13 – 14 6:26.59 15 & O 6:10.59	

\*heats may be limited for the 500 free; \*\*swimmers must be equal to or faster than the time listed;

\*\*\*scored as 13-14, 15 & Over, 500'S will be swum fastest to slowest, alternating girls and boys

Sessions/Events may be split or combined depending on the number of entries.

## Sunday AM October 8, 2021 7:45 am Warm-ups; 8:35 am Meet Start (Timed Finals)

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		10 & Under		
44		200 FREE		45

48	50 FLY	49
52	50 BREAST	53
56	50 BACK	57
60	100 FREE	61
	11 AND 12	
46	200 FREE	47
50	100 FLY	51
54	50 BREAST	55
58	50 BACK	59
	12 & UNDER	
62	*500 FREE**	63

\*heats may be limited for the 500 free, \*\* scored as 10 & under, 11-12 500'S will be swum fastest to slowest, alternating girls and boys

**Sunday PM** Afternoon warm up will begin 15 minutes after the conclusion of the morning session. Meet begins after 45-minute warm-up. Afternoon warm-up times will be posted on <u>www.lakeerieswimming.com</u> (Timed Finals)

Girls #	Cutoff Time No qualifying times	Age Group/Stroke	Cutoff Time No qualifying times	Boys #
		OPEN		
64		*400 IM		65
		13 and 14		
66		100 FLY		67
70		200 FREE		71
74		200 BREAST		75
78		100 BACK		79
82		50 FREE		83
		15 & Over		

68	100 FLY	69
72	200 FREE	73
76	200 BREAST	77
80	100 BACK	81
84	50 FREE	85

\*heats may be limited for the 400 IM, and will be scored as an open event

Sessions/Events may be split or combined depending on the number of entries.

## CCS AGE GROUP AND OPEN SWIM MEET

Sponsored by CANTON CITY SCHOOLS OCTOBER 8 – 10, 2021

Meet Entry Summary Page

Team Nar	me:			1	Feam Code:	
Contact P	erson:					
Phone:			Email _			
Address:			City:		State:	Zip
	_ (total # of swir	mmers) X \$3.00 (L	.ESI Surcharge) =		\$	
	_ (total # of 165	0 events) X \$12.0	0/event =		\$	
	(total # of individual events) X \$6.00/event =				\$	
	(total # of sw	/immers) X \$2.00 (	(handling fee for pap	er entry)	\$	
TOTAL A	MOUNT REMIT	TED			\$	
Swimmers	s will be without	a coach on deck:				
	Sat. am	Sat. pm	Sun. am	Sun. pm		
I have	arranged for my	swimmer/s to be	supervised by		·	
	THAT EVER				( FORM IS A	REGISTERED ATHI ETI

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A

#### CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: \_\_\_\_\_ (coach or member team representative). DATE: \_\_\_\_\_

Make checks payable to Swim CCS and mail to:

Joan Rehfus, c/o CT Branin Natatorium, 1715 Harrison Ave NW, Canton, Ohio 44708. Checks must be received by October 1, 2021.

**Please note**: DO NOT SUBMIT ENTRIES BEFORE MODAY, SEPTEMBER 20 AT 9:00 P.M. Entry deadline is Wed, Sept 29.

All entries submitted with this sheet should be covered by a single check. Kindly do not send multiple checks with a single entry form.

**DEADLINE FOR RECEIPT OF PAYMENT IS October 1, 2021.** This sheet must accompany all entries, including HY-TEK Meet Manager electronic entries, hard copies and check.

Email entries to Sarah Tobin at <u>ccsmeetentries@gmail.com</u>. Please send an email as well as hard copy.

#### LAKE ERIE SWIMMING, INC. INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized.
- B. Events Seeded on the Deck -
  - (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (30) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and/or fax) for swimmers who do not plan to arrive before the scratch deadline.
  - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
  - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in a swimmer for any event when that swimmer is not present at the meet may cause a fine of \$2.00 per swimmer per day to be levied against that team.
  - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals, and Finals
  - (1) Any swimmer qualifying for C, B, or A (bonus, consolation, or final race) in an individual event who fails to compete in said race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of the meet is not permitted and will be regarded as a failure to compete.

- (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete No penalty shall apply for failure to withdraw or compete in an individual event if
  - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following his last individual preliminary event a final intention to scratch or swim.
  - (3) The Referee determines that failure to compete is caused by circumstances beyond the control of the swimmer.

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CANTON CITY SCHOOLS OCTOBER 8 – 10, 2021

> ENTRY SHEETS PLEASE PRINT

GIRLS / BOYS			TEAM CODE		
NAME	AGE	USA SWIMMING NUMBER	EVENT #	TIMES (in yards)	

	1	